School Name: TEACH ACADEMY OF TECHNOLOGIES- 10000 SITE

Grades:



K - 8				At 11:11 am							
Week 1 Options	Red & Orange 4/1/2024			Dark Green		Beans & Peas		Starchy		Other Veggies	
week i Options			4/2/2024		4/3/2024			4/4/2024 BURRITO DAY	4/5/2024		
Breakfast	0	Coffee Cinnamon Crumble	120	Sausage English Muffin	0	Banana Muffin	120	Pancakes (2)	120	20 Mexican Concha	
Breakfast	0	Bagel & Jelly	0	Multi Grain Cheerios & WG Crackers	120	Sunbutter & Jelly Sandwich	0	Cinnamon Toast Crunch & WG Crackers	0	Bagel & Jelly	
Hot Meal	0		0	Poblano Green Chicken Pasta w/steamed broccoli & carrots (1c)	0		0	Chicken Tinga Burrito w/whole kernel corn (1/2c)	0	Honey BBQ Wings w/dinner roll & carrot sticks (3/4c)	
Hot Meal	0		119	Orange Chicken Bowl w/brown rice (3/4c) & steamed broccoli & carrots (1c)	0			Sloppy Joe on a HB Bun w/windernel corn (3/4c)	0	Creamy Tuscan Chicken Pasta w/peas & carrots (1c)	
Hot Vegetarian	0		1	Poblano Green Cheese Pasta w/steamed broccoli & carrots (1c)	0		0	Bean & Cheese Burrito w/whole kernel corn (1/2c)	0	Creamy Tuscan Cheese Pasta w/peas & carrots (1c)	
Cold Meal	0	Turkey & Cheese Hoagie Sandwich w/carrot sticks (3/4c)	0	Creamy Basil Chicken Hoagie Sandwich w/broccoli & carrots (1c)	60	Oriental Chicken Tortilla Wrap w/bbq bean salad (1/2c)	60	Ham and Cheese Bagel Sandwich w/bbq corn salad (3/4c)	60	Roasted Pepper Chicken Hoagie Sandwich w/carrot sticks (3/4c)	
Cold Pastas	0	Asian Chicken Pasta Salad	0	Chicken Pasta Primavera Salad	0	Cilantro Chicken Pasta Salad	0	Fiesta Chicken Pasta Salad	0	Sweet Chili Chicken Pasta Salad	
Cold Vegetarian	0	Chipotle Cheese Pasta Salad w/carrot sticks (3/4c)	0	Bean & Cheese Torta w/broccoli & carrots (1c)	1	Cajun Cheese Pasta Salad w/bbq bean salad (3/4c)	1	Bean & Cheese Torta w/bbq corn salad (3/4c)	1	Marinara Cheese Pasta Salad w/carrot sticks (3/4c)	
Daily Salad	0	Caesar Chicken Salad with a Wheat Dinner Roll	0	Santa Fe Chicken Salad with a Wheat Dinner Roll	59	Greek Chicken Salad with a Wheat Dinner Roll	59	Chef Turkey & Ham Salad with a Wheat Dinner Roll	59	Chinese Chicken Salad with a Wheat Dinner Roll	
Snack	0	Scooby-Doo Crackers	80	Vanilla Muffin (S)	80	Chocolate Chex Mix	80	Goldfish Crackers	80	Oatmeal Cookie (S)	
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Week 2 Options	Red & Orange 4/8/2024		Starchy 4/9/2024		Beans & Peas 4/10/2024		Dark Green 4/11/2024			Other Veggies 4/12/2024	
Week 2 Options											
Breakfast	120	Yogurt & Graham Crackers	120	Soyrizo Breakfast Burrito		Strawberry Muffin	0	Cinnamon French Toast		0 Vanilla Muffin	
Breakfast	0	Sunbutter & Jelly Sandwich	0	Lucky Charms & WG Crackers	120	Bagel & Jelly	120	Rice Chex & WG Crackers	120	Bagel & Jelly	
Hot Meal	0		0	Spaghetti and Meatballs w/whole kernel corn (1/2c)	0		59	Chicken Alfredo Baked Ziti Bowl w/steamed broccoli & carrots (1c)	0		
Hot Meal	0		0	Hamburger w/tater tots (3/4c)	0		50	Southwestern Chicken w/brown rice (3/4c) & steamed broccoli & carrots (1c)	0		
Hot Vegetarian	0		0	Spaghetti & Cheese Marinara w/whole kernel corn (1/2c)	0		1	Cheesy Alfredo Baked Ziti Bowl w/steamed broccoli & carrots (1c)	0		
Cold Meal	60	BBQ Chicken Hoagie Sandwich w/carrot sticks (3/4c)	119	Turkey & Cheese Panini w/bbq corn salad (3/4c)	59	Cilantro Chicken Hoagie Sandwich w/bbq bean salad (3/4c)	0	Caesar Chicken Tortilla Wrap w/broccoli & carrots (1/2c)	50	Ham and Cheese Hoagie Sandwich w/carrot sticks (3/4c)	
Cold Pastas	0	Asian Chicken Pasta Salad	0	Fiesta Chicken Pasta Salad	0	Cilantro Chicken Pasta Salad	0	Chicken Pasta Primavera Salad	0	Sweet Chili Chicken Pasta Salad	
Cold Vegetarian	1	Parmesan Cheese Pasta Salad w/carrot sticks (3/4c)	1	Bean & Cheese Torta w/bbq corn salad (3/4c)	1	Chipotle Cheese Pasta Salad w/bbq bean salad (3/4c)	0	Bean & Cheese Torta w/broccoli & carrots (1c)	1	Garlic Pesto Cheese Pasta Salad w/carrot sticks (3/4c)	
Daily Salad	59	Caesar Chicken Salad with a Wheat Dinner Roll	0	Santa Fe Chicken Salad with a Wheat Dinner Roll	50	Greek Chicken Salad with a Wheat Dinner Roll	0	Chef Turkey & Ham Salad with a Wheat Dinner Roll	59	Chinese Chicken Salad with a Wheat Dinner Roll	
Snack	80	Chocolate Chip Muffin (S)	80	Oatmeal Cookie (S)	80	Goldfish Pretzel	80	Scooby-Doo Crackers	80	Cereal Bar (S)	
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Wash 2 Oak and	Red & Orange		Starchy			Beans & Peas	Dark Green			Other Veggies		
Week 3 Options	4/15/2024		4/16/2024		4/17/2024		4/18/2024		4/19/2024			
Breakfast	0	Coffee Cinnamon Crumble	0	Breakfast Chilaquiles	0	Banana Muffin	120	Sausage English Muffin	120	Mexican Concha		
Breakfast	120	Bagel & Jelly	130	Multi Grain Cheerios & WG Crackers	100	Sunbutter & Jelly Sandwich	0	Coco Puffs & WG Crackers	0	Bagel & Jelly		
Hot Meal	0		0	Three Cheese Mac & Cheese w/peas & carrots (1c)	0		119	Pizza Lasagna w/steamed broccoli & carrots (1c)	0	Hawaiian Chicken w/brown rice (3/4c) & steamed carrots (3/4c)		
Hot Meal	0		0	Orange Chicken Bowl w/brown rice (3/4c) & peas & carrots (1c)	0			Creamy Chicken Chipotle w/brown rice (3/4c) & steamed broccoli & carrots (1c)	119	Turkey Hot Dog on a Bun w/carrot sticks (3/4c)		
Hot Vegetarian	0		0	Three Cheese Mac & Cheese w/peas & carrots (1c)	0		1	Vegetarian Lasagna w/steamed broccoli & carrots (1c)	1	Vegetable Fried Rice		
Cold Meal	50	Turkey & Cheese Bagel Sandwich w/carrot sticks (3/4c)	50	Roasted Pepper Chicken Hoagie Sandwich w/bbq corn salad (3/4c)	50	Caesar Chicken Tortilla Wrap w/bbq bean salad (1/2c)	0	Creamy Basil Chicken Hoagie Sandwich w/broccoli & carrots (1c)	0	Ham and Cheese Panini w/carrot sticks (3/4c)		
Cold Pastas	0	Asian Chicken Pasta Salad	0	Fiesta Chicken Pasta Salad	0	Cilantro Chicken Pasta Salad	0	Chicken Pasta Primavera Salad	0	Sweet Chili Chicken Pasta Salad		
Cold Vegetarian	1	Marinara Cheese Pasta Salad w/carrot sticks (3/4c)	1	Bean & Cheese Torta w/bbq corn salad (3/4c)	1	Cajun Cheese Pasta Salad w/bbq bean salad (3/4c)	0	Bean & Cheese Torta w/broccoli & carrots (1c)	0	Parmesan Cheese Pasta Salad w/carrot sticks (3/4c)		
Daily Salad	59	Caesar Chicken Salad with a Wheat Dinner Roll	59	Santa Fe Chicken Salad with a Wheat Dinner Roll	49	Greek Chicken Salad with a Wheat Dinner Roll	0	Chef Turkey & Ham Salad with a Wheat Dinner Roll	0	Chinese Chicken Salad with a Wheat Dinner Roll		
Snack	80	Scooby-Doo Crackers	80	Strawberry Muffin (S)	80	Cheez-its	80	Chocolate Chex Mix	80	Oatmeal Cookie (S)		
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Week 4 Options		Red & Orange		Starchy		Beans & Peas	Dark Green			Other Veggies	
week 4 Options	4/22/2024		4/23/2024		4/24/2024		4/25/2024		4/26/2024		
Breakfast	120	String Cheese & Graham Crackers	120	Pancakes (2)	110	Chocolate Chip Muffin	120	Bean & Cheese Breakfast Burrito	0	Blueberry Muffin	
Breakfast	0	Sunbutter & Jelly Sandwich	0	Cinnamon Toast Crunch & WG Crackers	0	Bagel & Jelly	0	Trix & WG Crackers	100	Bagel & Jelly	
Hot Meal	0		0	Chicken Parmesan Pasta w/whole kernel corn (1/2c)	0		55	Chicken Alfredo Baked Ziti Bowl w/steamed broccoli & carrots (1c)	0		
Hot Meal	0		60	Chicken Nuggets w/dinner roll & whole kernel corn (3/4c)	0		54	Lemon Garlic Chicken w/brown rice (3/4c) & steamed broccoli & carrots (1c)	0		
Hot Vegetarian	0		60	Spaghetti & Cheese Marinara w/whole kernel corn (1/2c)	0		1	Cheesy Alfredo Baked Zwewi wl w/steamed broccoli & carrots (1c)	0		
Cold Meal	49	Turkey & Cheese Hoagie Sandwich w/carrot sticks (3/4c)	1	Cilantro Chicken Hoagie Sandwich w/bbq corn salad (3/4c)	50	Ham and Cheese Bagel Sandwich w/bbq bean salad (3/4c)	0	Oriental Chicken Tortilla Wrap w/broccoli & carrots (1/2c)	49	BBQ Chicken Hoagie Sandwich w/carrot sticks (3/4c)	
Cold Pastas	0	Asian Chicken Pasta Salad	1	Fiesta Chicken Pasta Salad	0	Cilantro Chicken Pasta Salad	0	Chicken Pasta Primavera Salad	0	Sweet Chili Chicken Pasta Salad	
Cold Vegetarian	1	Garlic Pesto Cheese Pasta Salad w/carrot sticks (3/4c)	1	Bean & Cheese Torta w/bbq corn salad (3/4c)	50	Chipotle Cheese Pasta Salad w/bbq bean salad (3/4c)	0	Bean & Cheese Torta w/broccoli & carrots (1c)	1	Cajun Cheese Pasta Salad w/carrot sticks (3/4c)	
Daily Salad	50	Caesar Chicken Salad with a Wheat Dinner Roll	1	Santa Fe Chicken Salad with a Wheat Dinner Roll	0	Greek Chicken Salad with a Wheat Dinner Roll	0	Chef Turkey & Ham Salad with a Wheat Dinner Roll	50	Chinese Chicken Salad with a Wheat Dinner Roll	
Snack	130	Banana Muffin (S)	130	Goldfish Pretzel	130	Cereal Bar (S)	130	Oatmeal Cookie (S)	130	Scooby-Doo Crackers	
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Week 5 Options	Red & Orange		Starchy		Beans & Peas			Dark Green	Other Veggies		
week 5 Options		4/29/2024		4/30/2024		5/1/2024		5/2/2024		5/3/2024	
Breakfast	100	Coffee Cinnamon Crumble	0	Cheese Quesadilla	0	Vanilla Muffin	0	Maple Waffle	120	Mexican Concha	
Breakfast	0	Bagel & Jelly	130	Lucky Charms & WG Crackers	100	Sunbutter & Jelly Sandwich	130	Cinnamon Toast Crunch & WG Crackers	0	Bagel & Jelly	
Hot Meal	0		0	Chili Cheese Dog w/whole kernel corn (3/4c)	0		0	BBQ Chicken Mac & Cheese w/steamed broccoli & carrots (1c)	39	Hamburger w/carrot sticks (3/4c)	
Hot Meal	0		50	Mongolian Chicken Chow Mein Bowl w/peas & carrots (3/4c)	0		55	Orange Chicken Bowl w/brown rice (3/4c) steamed broccoli & carrots (1c)	60	Bean & Cheese Burrito w/carrot sticks (1/2c)	
Hot Vegetarian	0		50	Green Cheese Enchiladas w/whole kernel corn (1/2c)	0		55	Three Cheese Mac & Cheese w/steamed broccoli & carrots (1c)	1	Black Bean Burger w/carrot sticks (3/4c)	
Cold Meal	50	Creamy Basil Chicken Hoagie Sandwich w/carrot sticks (3/4c)	0	Ham and Cheese Hoagie Sandwich w/bbq corn salad (3/4c)	50	Torta de Tinga w/cilantro bean salad (3/4c)	0	Turkey & Cheese Panini w/broccoli & carrots (1c)	0	Roasted Pepper Chicken Hoagie Sandwich w/carrot sticks (3/4c)	
Cold Pastas	0	Asian Chicken Pasta Salad	0	Fiesta Chicken Pasta Salad	0	Cilantro Chicken Pasta Salad	0	Chicken Pasta Primavera Salad	0	Sweet Chili Chicken Pasta Salad	
Cold Vegetarian	1	Parmesan Cheese Pasta Salad w/carrot sticks (3/4c)	0	Bean & Cheese Torta w/bbq corn salad (3/4c)	1	Marinara Cheese Pasta Salad w/cilantro bean salad (3/4c)	0	Bean & Cheese Torta w/broccoli & carrots (1c)	0	Garlic Pesto Cheese Pasta Salad w/carrot sticks (3/4c)	
Daily Salad	50	Caesar Chicken Salad with a Wheat Dinner Roll	0	Santa Fe Chicken Salad with a Wheat Dinner Roll	49	Greek Chicken Salad with a Wheat Dinner Roll	0	Chef Turkey & Ham Salad with a Wheat Dinner Roll	0	Chinese Chicken Salad with a Wheat Dinner Roll	
Snack	80	Goldfish Crackers	80	Chocolate Chip Muffin (S)	80	Oatmeal Cookie (S)	80	Strawberry Chex Mix	80	NutriGrain Bar (S)	
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Orders not submitted before the 5 business day deadline will receive meals selected by their client representative. Meal changes and canceletaions must be given within 5 business days. Order counts may be changed within a 2 business day notice. At least 80% of weekly grains/breads are whole grain rich. Fruits are subject to change depending on availability of product. All breakfast, lunches and suppers are served with milk and fruit. Snack is served with milk. Menu subject to change. Menu items may change due to national supply chain issues including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.