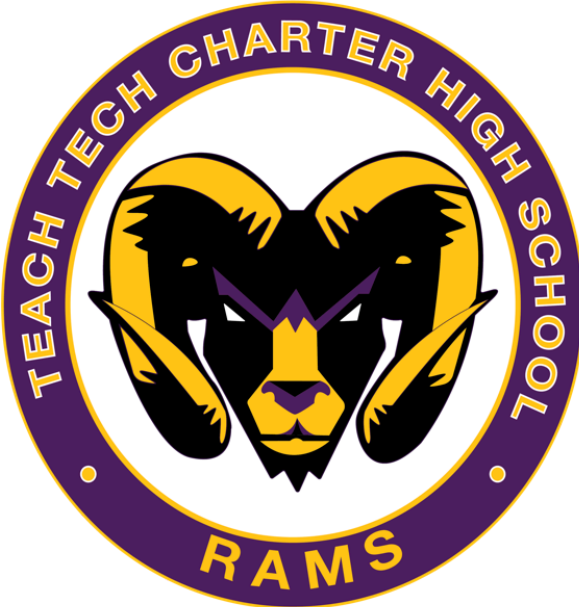


TEACH Tech Charter High School  
2025-2026 Course Catalog



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## A) History

### AP Government and Politics United States

**Length of Course:** 2 semesters

**Grade Level Options:** 12

AP U.S. Government and Politics is an introductory college-level course in U.S. government and politics. Students cultivate their understanding of U.S. government and politics through analysis of data and text-based sources as they explore topics like constitutionalism, liberty and order, civic participation in a representative democracy, competing policy-making interests, and methods of political analysis.

### AP United States History

**Length of Course:** 2 semesters

**Grade Level Options:** 11

AP U.S. History is an introductory college-level U.S. history course. Students cultivate their understanding of U.S. history from c. 1491 CE to the present through analyzing historical sources and learning to make connections and craft historical arguments as they explore concepts like American and national identity; work, exchange, and technology; geography and the environment; migration and settlement; politics and power; America in the world; American and regional culture; and social structures.

### Economics

**Length of Course:** 1 semester

**Grade Level Options:** 12

Students will demonstrate the ability to apply economic theories and concepts in addressing real world problems through simulations and case studies. They will develop essential skills including critical thinking, independent research, saving and investing. Students will analyze and evaluate global economic issues, explain the different types of economic systems, understand

the principles of a market economy, factors of production, government regulations, policy, banking, personal finance, and international trade.

This course is also available in Honors.

This course is also available via APEX

## Ethnic Studies

**Length of Course:** 2 semesters

**Grade Level Options:** 9

Ethnic Studies is a year-long course that investigates the local and global struggles confronted by communities of color throughout history. It is an interdisciplinary course that introduces students to foundational concepts and methods for studying subjectivities such as ethnicity, class, and gender relations in the United States and in the world. Students study history, literature, music and art through a sociological lens with an end goal for them to develop their own unique and informed framework for interpreting struggle and inequality. The purpose is to identify and understand why social inequalities in the U.S. persist and how these inequalities are distributed across racial, gender and socioeconomic lines. The emphasis will be on Native-Americans, Chicanos/Latinos, African-Americans, and Asian/Pacific Islanders, but other groups are also discussed.

This course is also available via APEX.

## United States Government and Politics

**Length of Course:** 1 semester

**Grade Level Options:** 12

US Government and Politics: The course is a one semester course on American Government, focused on foundations, structure, processes and actions of the government and the political process. Among other topics, the course will address the foundations and inspiration for the type of government set up by American Revolutionaries; the roles, powers, processes, and checks and balances involved in the branches of American government; the evolution of and protection of civil rights and liberties throughout America's history and currently; the rights and responsibilities of an American citizen; the workings of the other parts of government (political parties, media, elections, etc.); federalism and the role of state and local governments; and comparing different types of government throughout the world to the US model of a democratic republic.

This course is also available in Honors.  
This course is also available via APEX.

## United States History

**Length of Course:** 2 semesters

**Grade Level Options:** 11

This course spans the history of North American, colonial, pre-modern and modern United States history, with a focus on American History from The Reconstruction to the 21st Century. Students will examine Pre-Columbian societies, the colonial origins of the "New World", The transition from colonization to revolution, The Revolutionary War, The Republic in its' infancy, Antebellum America, Industrialization in America, The Union in Crisis, The Civil War, Reconstruction, Western Expansion, the rise of America as an Imperial Power, The Progressives, The Great War, The Jazz Age, The Great Depression and the New Deal World War II, The Cold War, The Turbulent 1960's contemporary politics and Culture and other themes. Students will explore various themes of the course which include diversity, identity, citizenship, reform, economic policy, environmentalism and globalization.

This course is also available in Honors.  
This course is also available via APEX.

## World History

**Length of Course:** 2 semesters

**Grade Level Options:** 10

World History is a year-long required course that explores the key events and global historical developments since the Paleolithic age that have shaped the world we live in today. Modern World History covers all aspects of human experience, ranging from economics, religion, philosophy, science, and literature and the arts to politics and law, as well as military conflict. The major historical units will include the following: Early Modern Times, Enlightenment and Revolution, Industrialization and a New Global Age, World Wars and Revolutions, and the World from 1945 to the Present.

This course is also available in Honors.  
This course is also available via APEX.

## B) English

### AP English Language and Composition

**Length of Course:** 2 semesters

**Grade Level Options:** 11

AP English Language and Composition is an introductory college-level composition course. Students cultivate their understanding of writing and rhetorical arguments through reading, analyzing, and writing texts as they explore topics like rhetorical situations, claims and evidence, reasoning and organization, and style.

### AP English Literature and Composition

**Length of Course:** 2 semesters

**Grade Level Options:** 12

AP English Literature and Composition is an introductory college-level literary analysis course. Students cultivate their understanding of literature through reading and analyzing texts as they explore concepts like character, setting, structure, perspective, figurative language, and literary analysis in the context of literary works.

### Common Core English 9

**Length of Course:** 2 semesters

**Grade Level Options:** 9

The goal of the English 9 course is to set a strong foundation for the rest of high school and ultimately college. The English 9 course introduces ninth grade students to various types of literature including novels, short stories, poetry, plays and other types of text. Instruction focuses on reading strategies which enable students to read for understanding of subtlety, ambiguity, and inference, as well as basic comprehension. Students will be able to construct essential meaning from 9th-grade level text, both non-fiction / informational and fiction. Students will respond to all forms of text with both written and oral responses. The emphasis on critical

thinking skills and literary analysis will prepare students for higher-level English courses. Students will focus on developing their writing skills with formal essays and informal writing assignments (journal entries, free-writes, character analysis, etc.). They will complete a variety of writing activities including composing personal narratives, argument essays, expository essays, and responses to literature that incorporate descriptive writing and persuasive strategies. Correct grammar, spelling, punctuation, and usage will be emphasized for students to develop a command of standard writing conventions. Students that are successful in this course will be on their way to being successful in future courses.

This course is also available via APEX.

## Common Core English 10

**Length of Course:** 2 semesters

**Grade Level Options:** 10

Throughout this course, students will have many opportunities to continue developing skills in reading and vocabulary development, writing, grammar, mechanics, listening, and speaking. As students progress through mastering the CCSS and CCRS, they will develop their higher-level thinking, speaking and writing skills. The coursework and instruction for English 2 will foster students' ability to think critically as well as analyze, evaluate and synthesize course content.

This course is also available in Honors.

This course is also available via APEX.

## Common Core English 11

**Length of Course:** 2 semesters

**Grade Level Options:** 11

The focus of the English 11 course is to provide students the opportunity to engage in the following essential skills: Reading and understanding works of American writers, analyzing literature in terms of theme as well as political and cultural perspectives, completion of a variety of writing assignments including persuasive, descriptive, evaluative and formative essays. Expansion of vocabulary, the understanding of the mechanics of spelling and grammar. Oral communication of ideas through discussions and presentations. Students are required to speak to large and small group audiences several times throughout the course of a year.

This course is also available in Honors.  
This course is also available via APEX.

## Common Core English 12

**Length of Course:** 2 semesters

**Grade Level Options:** 12

The English 12 course is designed to foster academic development to prepare students for the rigorous academic program of a four-year college or university, and college and career readiness. The course contains elements of reading, writing, language, speaking, and listening to develop high-order thinking skills. Throughout the course, students learn how to become analytical readers by tackling challenging and engaging texts from a variety of genres and literary periods. students engage in critical reading, analysis, and academic discourse to become proficient readers, writers, speakers, and thinkers.

This course is also available in Honors.  
This course is also available via APEX.

## C) Mathematics

### AP Statistics

**Length of Course:** 2 semesters

**Grade Level Options:** 11, 12

AP Statistics is an introductory college-level statistics course that introduces students to the major concepts and tools for collecting, analyzing, and drawing conclusions from data. Students cultivate their understanding of statistics using technology, investigations, problem solving, and writing as they explore concepts like variation and distribution; patterns and uncertainty; and data-based predictions, decisions, and conclusions.

### Common Core Integrated Math 1

**Length of Course:** 2 semesters

**Grade Level Options:** 9

The first half of the course focuses on functions, algebra, and the number system. It uses functions as models of real situations and spends most of the time on linear functions, linear equations, and linear inequalities. The second half of the course is focused on Geometry: defining and constructing geometric constructs, using rigid motions to develop proofs of congruence and other geometric properties, and using geometric shapes to model natural objects. The second half also includes Statistics: students summarize, represent, and interpret various types of data.

This course is also available via APEX.

### Common Core Integrated Math 2

**Length of Course:** 2 semesters

**Grade Level Options:** 9, 10

The first half of the course explores algebraic representations of geometric figures and quadratic functions and equations, including complex numbers. It uses quadratic functions as models of

real situations and explores graphs, functions, and equations. The second half of the course focuses on similarity, exponential functions, probability, and geometric models.

This course is also available in Honors.  
This course is also available via APEX.

## Common Core Integrated Math 3

**Length of Course:** 2 semesters  
**Grade Level Options:** 10, 11

The first half of the course extends previous work with geometry to circular objects and trigonometry. It uses trigonometric functions as models of real situations and explores them as graphs, functions, and equations. The second half of the course focuses on volume, general principles about polynomials and rational expressions, functions, and making conclusions about a population from sample data.

This course is also available in Honors.  
This course is also available via APEX.

## Financial Algebra

**Length of Course:** 2 semesters  
**Grade Level Options:** 12

Financial Algebra assists students in making sense of the financial world around them to effectively manage fiscal resources through meaningful mathematical modeling. In the Financial Algebra course, students will be studying functions and relations with strong attention given to graphing functions, statistics and data analysis throughout the course. Emphasis is on the use of mathematics to model and explore real world financial phenomena including interpreting and justifying reasoning to make data supported financial decisions. Students master simplifying, solving and graphing linear, quadratic, and exponential expressions, equations and functions. Students will show proficiency with linear and higher degree distributions, and work with radical expressions and use graphing calculators and apps to explore relations between functions and their graphs and perform statistical analyses.

This course is also available via APEX.

# Pre-Calculus

**Length of Course:** 2 semesters

**Grade Level Options:** 11, 12

Pre-Calculus Students will study algebraic, exponential and logarithmic functions; trigonometric functions, their graphs and inverses; trigonometric identities and equations; vectors; parametric equations; polar coordinates; complex numbers; systems of linear and nonlinear equations; conic sections; sequences and series. Use technology graphing or scientific Calculator and or computer software to solve problems.

This course is also available via APEX.

## D) Science

### Biology

**Length of Course:** 2 semesters

**Grade Level Options:** 9

The material presented in the course includes cell biology and basic chemistry, genetics, evolution and natural selection, human physiology of the human body and ecology. The Biology course is designed to give students an overview of the key concepts and theories in life science. It builds upon the concepts and skills taught in earlier science classes, and prepares students for a college level science course. Biology students will practice the scientific process to think critically about the phenomena they observe every day. They will make claims about their observations and support those claims with evidence and reasoning. And they will reflect upon and evaluate the validity of their experimental work products. The content is divided into units: cell biology, genetics, evolution, ecology, and physiology.

This course is also available via APEX.

### Chemistry

**Length of Course:** 2 semesters

**Grade Level Options:** 11, 12

Chemistry presents the foundations of the physical matter of the world. This course will emphasize how chemistry is a part of our daily lives, for example, breathing oxygen or cooking dinner. Students will investigate how the interaction of matter and energy through dynamic processes impact the world around them.

This course is also available in Honors.

This course is also available via APEX.

## Environmental Science

**Length of Course:** 2 semesters

**Grade Level Options:** 10

This course is a combination of learning the physical, natural and social science that enable our earth to function as it does. Students will build a foundation of knowledge on how humans use our most important resources; Land, Air, and Water. By developing a broad understanding of the details behind biotic and abiotic interactions and policies that govern our use of resources, students will investigate, develop and plan for solutions to earth's many challenges. Students will learn from textbooks, journals and new articles as well as from local community members about the challenges we face to ensure a healthy ecosystem. Students will also work together on projects to find management solutions to problems caused by human overconsumption, mining, water and minerals waste, as well as commonly discussed problems such as air pollution and global warming.

This course is also available in Honors.

This course is also available via APEX.

## Physics

**Length of Course:** 2 semesters

**Grade Level Options:** 11, 12

Regular Physics is a lab-based Physics course designed to prepare students for college-level life-science and engineering physics courses. The course covers the California State Physics Standards and goes into further detail in areas such as electricity and magnetism, and waves. The curriculum develops logical strategies for approaching complex real-world math problems in normal life, technology, and science. Inquiry-based lab activities develop an understanding of the Scientific Method and experimentation-based application and proof of physics principles.

This course is also available via APEX.

## E) Language

### AP Spanish Language and Culture

**Length of Course:** 2 semesters

**Grade Level Options:** 11, 12

AP Spanish Language and Culture is equivalent to an intermediate level college course in Spanish. Students cultivate their understanding of Spanish language and culture by applying interpersonal, interpretive, and presentational modes of communication in real-life situations as they explore concepts related to family and communities, personal and public identities, beauty and aesthetics, science and technology, contemporary life, and global challenges.

### Spanish 1

**Length of Course:** 2 semesters

**Grade Level Options:** 9

Students will be introduced to the basic language and culture of the Spanish Speaking World. Language and culture are acquired through meaningful communicative activities centered on real life situations involving everyday common topics. Students develop linguistic proficiency as they perform relevant tasks in the new language. Students will learn grammatical structures and conventions of the Spanish language. Students will be exposed to the Spanish-Speaking World through Communication, Cultures, Connections, Comparisons and Communities.

This course is also available via APEX.

### Spanish 2

**Length of Course:** 2 semesters

**Grade Level Options:** 9, 10

In this course students will learn grammatical structures and conventions of the Spanish language. Students learn to function in transactional settings and in some informal situations; understand the overall meaning, key ideas, and some supporting details in transactional and

some informal tasks including oral and written. The class continues the process of developing speaking, listening, reading and writing. Vocabulary and knowledge of culture will expand with authentic materials and real-life situations allowing students to function comfortably as they express themselves in the new language.

This course is also available via APEX.

## Spanish 3

**Length of Course:** 2 semesters

**Grade Level Options:** 10, 11, 12

This course focuses on the refinement of speaking and listening skills. Much work is devoted to the study of authentic materials. The readings, which include short stories and poems, are used to increase vocabulary and cultural knowledge, and serve as a springboard for oral and written communication. In this course students will learn grammatical structures and conventions of the Spanish language.

This course is also available via APEX.

## F) Visual and Performing Arts

### 21st Century Yearbook Design and Publication

**Length of Course:** 2 semesters

**Grade Level Options:** 11, 12

21st Century Yearbook Design and Publication is a year-long project-based course designed to have students create publication mediums that directly impact society and its various cultures, through visual art and design. Students will use creativity and the artistic process of creating layouts and designs to put together and publish the yearbook. The designer (student) will prove their awareness of their target audience while maintaining integrity of their design, photographs, edits and written work. Designers will then edit other student's work for content, design, originality and ethics. They will collaborate to effectively create and deliver a finished product and create their own portfolio that can be used for college and career opportunities.

## Film and Media

**Length of Course:** 2 semesters

**Grade Level Options:** 11, 12

This course is a hands-on introductory course to the concepts of acting for the stage. Students are introduced to a series of cooperative activities, progressing from theater games, to pantomime, to improvisations, to performing progressively complex, student-written and professionally scripted scenes and monologues. Students write and perform monologues dealing with current social issues and speaking from the character's particular perspective.

## G) College-Preparatory Electives

### Creative Writing

**Length of Course:** 2 semesters

**Grade Level Options:** 11, 12

The overall purpose of the course is to illustrate how gestures, details, dialogue, plot, point of view, and character development work together to construct a desired effect from both non-literary and fictional texts. Students will have multiple opportunities to access works from various genres. In addition to evaluating works, the purpose of this course is for students to develop authentic or original literary works of their own where they purposefully encompass each of the elements of writing and poetic devices, submitting multiple drafts, revising and editing their works in an effort to achieve qualities of publication.

### Journalism AB

**Length of Course:** 2 semesters

**Grade Level Options:** 11, 12

Students will be able to explore various concepts of journalism that include exploring the validity and interpretation of various authors' non-fictional text, decoding and dissecting informational text, and reporting specific events as they pertain to real life scenarios. Students will enhance their reading, writing, speaking, and listening skills utilizing the California State Common Core standards as the foundation for learning. Students will be expected to submit various culminating projects throughout the year that include analytical papers, development of reportive articles, storyboard illustrative projects. Students will complete the course with a strong

understanding of what entails the field of journalism and the skills necessary to participate in the field.

## Non A-G Courses

### Advanced Physical Education 1

**Length of Course:** 2 semesters

**Grade Level Options:** 9, 10, 11, 12

This course guides students through an in-depth examination of the effects of exercise on the body. Students learn how to exercise efficiently and properly, while participating in physical activities and applying principles they've learned. Basic anatomy, biomechanics, physiology, and sports nutrition are all integral parts of this course. Throughout this course students participate in a weekly fitness program involving elements of cardio, strength, and flexibility.

This course is also available via APEX.

### Advanced Physical Education 2

**Length of Course:** 2 semesters

**Grade Level Options:** 9, 10, 11, 12

This course gives the student an in-depth view of physical fitness by studying subjects such as: biomechanics, nutrition, exercise programming, and exercise psychology. Students will apply what they learn by participating in a more challenging exercise requirement. Throughout this course students participate in a weekly fitness program involving elements of cardio, strength, and flexibility.

This course is also available via APEX.

### English Language Development 1/ 2

**Length of Course:** 2 semesters

**Grade Level Options:** 9, 10, 11, 12

This course implements reading, writing, speaking, listening, and language as expressed in key themes of Meaning Making, Language Development, Effective Expression, Content Knowledge, and Foundational Skills. English learners will use language to interact meaningfully in school and beyond. In addition, English learners will be knowledgeable about English and utilize language as a resource for communicating and learning. This course requires students to use technology, cooperative learning, and other effective research-based learning strategies. Students will be assessed in the four strands: reading, writing, listening & speaking, and language (grammar and vocabulary) in order to demonstrate language acquisition.

## English Language Development 3/ 4

**Length of Course:** 2 semesters

**Grade Level Options:** 9, 10, 11, 12

This course implements reading, writing, speaking, listening, and language as expressed in key themes of Meaning Making, Language Development, Effective Expression, Content Knowledge, and Foundational Skills. English learners will use language to interact meaningfully in school and beyond. In addition, English learners will be knowledgeable about English and utilize language as a resource for communicating and learning. This course requires students to use technology, cooperative learning, and other effective research-based learning strategies. Students will be assessed in the four strands: reading, writing, listening & speaking, and language (grammar and vocabulary) in order to demonstrate language acquisition.

## Health Education

**Length of Course:** 1 semester

**Grade Level Options:** 9, 10, 11, 12

This course enables students to acquire the knowledge and skills necessary to promote the lifelong goals of health and wellness. The focus of the course is to empower each student with the capacity to obtain, interpret and understand basic health information and services, and apply that knowledge to make informed health enhancing decisions in their daily life. Content areas included within the study of Health Education would include the following: community health, consumer health, environmental health, family life (human sexuality, parenting, relationships, human growth and development), mental and emotional health, injury prevention, nutrition, personal health and fitness, prevention and control of disease, and substance use and abuse.

This course is available via APEX.

## Courses Offered Based on Demand

### AP Calculus AB

**Length of Course:** 2 semesters

**Grade Level Options:** 11, 12

AP Calculus AB is an introductory college-level calculus course. Students cultivate their understanding of differential and integral calculus through engaging with real-world problems represented graphically, numerically, analytically, and verbally and using definitions and theorems to build arguments and justify conclusions as they explore concepts like change, limits, and the analysis of functions.

This course fulfills the “C” requirement.

### AP World History

**Length of Course:** 2 semesters

**Grade Level Options:** 10

AP World History: Modern is an introductory college-level modern world history course. Students cultivate their understanding of world history from c. 1200 CE to the present through analyzing historical sources and learning to make connections and craft historical arguments as they explore concepts like humans and the environment, cultural developments and interactions, governance, economic systems, social interactions and organization, and technology and innovation.

This course fulfills the “A” requirement.

### Art 1

**Length of Course:** 2 semesters

**Grade Level Options:** 11, 12

This year-long course is designed for students interested in art. We will learn how to draw by examining edges, space, light, and shadows. We will develop an understanding of art history and how to use it in our work. We will discover how to use different mediums and techniques in our work, and develop our own creative approach to making art. In the first semester, students will learn about art in world cultures, drawing, watercolor, and printmaking techniques. In the second semester, students will learn about color theory and art history, and they will create paintings and mixed media artworks.

This course is also available via APEX.  
This course fulfills the “F” requirement.

## ASB Leadership

**Length of Course:** 2 semesters

**Grade Level Options:** 9, 10, 11, 12

ASB Leadership is a project-based course aimed at increasing students' leadership capabilities. Through the planning and execution of numerous events for the school, students will discover how to best effect change in their communities. Students will read extensively about the nature of leadership and its different styles. Additionally, students write frequently, critically, reflectively, persuasively, and speak about the real world issues that arise from the planning of events. Students also learn about communication & public speaking, creativity, service learning and reflection while positively impacting the entire student body.

This course fulfills the “G” requirement.

## Choir

**Length of Course:** 2 semesters

**Grade Level Options:** 11, 12

This course is structured to develop proper vocal technique and skills, focusing on improving tone, music reading, sight-singing, and ear training abilities. Opportunities are provided for students to express and communicate their desire to sing a variety of music and develop discipline and persistence while attaining vocal proficiency. A wide variety of vocal techniques will be presented and utilized, culminating in performances that are a mandatory component of the course. Through the collaborative environment of the choral setting, students develop an understanding of teamwork and expected concert and performance etiquette. Students will participate in concerts on and off campus on various stages and environments.

This course fulfills the “F” requirement.

## Criminal Justice

**Length of Course:** 2 semesters

**Grade Level Options:** 11, 12

Students will identify the nature of the field of criminology, including key terms and concepts. The nature and definition of crime, criminal, intent, and explore the basic debate of nature versus nurture in determining causation, will be assessed. Students will then develop a deeper understanding of the competing and overlapping theories that comprise a nuanced approach to causation. These include neoclassical, psychiatric, psychological, social structure, social process and development, and social conflict theories about criminal behavior. Next, students will complete a deeper study of the types of crime that have been defined by criminology, including crime against persons, property, white collar and organized crime, and recreational offenses, including public order and drug crimes. Students will conclude the course with a study of new types of crime, including cyber-crime and global terrorism. They will likewise purview crime prevention efforts for the various classes of crime covered, as well as obstacles and assets in each case.

This course fulfills the “G” requirement.

## Music Appreciation

**Length of Course:** 2 semesters

**Grade Level Options:** 11, 12

Throughout this course, students will explore and analyze different musical movements from around the world, examining how history has shaped music and its many purposes. Students will have numerous opportunities to study diverse types of music, describing musical elements that are either characteristic of a musician, a historical period, or a certain movement, as well as interpreting what message the musician intended and how that message reflected the culture and time in which it was written. The course will also give students numerous opportunities to analyze their own musical tastes and talents, giving them chances to listen to, read, and write music. At the completion of the course, students will be able to apply their knowledge in a variety of assessment formats.

This course is also available via APEX.

This course fulfills the “F” requirement.

# Dual Enrollment Courses

## Administration of Justice 1

**Length of Course:** 1 semester

**Grade Level Options:** 11, 12

This course introduces students to the characteristics of the criminal justice system in the United States. Focus is placed on examining crime measurement, theoretical explanations of crime, responses to crime, components of the system, and current challenges to the system. The course examines the evolution of the principles and approaches utilized by the justice system and the evolving forces which have shaped those principles and approaches. Although justice structure and process is examined in a cross cultural context, emphasis is placed on the US justice system, particularly the structure and function of US police, courts, and corrections. Students are introduced to the origins and development of criminal law, legal process, and sentencing and incarceration policies.

## Art 101

**Length of Course:** 1 semester

**Grade Level Options:** 11, 12

An introductory survey of the arts of the Western World from the Prehistoric through the Middle Ages.

## Business 1

**Length of Course:** 1 semester

**Grade Level Options:** 11, 12

A survey in business providing a multidisciplinary examination of how culture, society, economic systems, legal, international, political, financial institutions, and human behavior interact to affect a business organization's policy and practices within the U.S. and a global society. Demonstrates how these influences impact the

primary areas of business including: organizational structure and design; leadership, human resource management, organized labor practices; marketing; organizational communication; technology; entrepreneurship; legal, accounting, financial practices; the stock and securities market; and therefore affect a business' ability to achieve its organizational goals.

## Chicano 004

**Length of Course:** 1 semester

**Grade Level Options:** 11, 12

Introductory study of the discipline of Chicana/o Studies. This course examines race, ethnicity and culture in the Chicano/Latino community. It considers the movements for social change which created ethnic studies programs in the United States.

## Communication 101

**Length of Course:** 1 semester

**Grade Level Options:** 11, 12

Students study the theory and techniques of public speaking in a democratic society. They learn discovery, development, and criticism of ideas in public discourse through research, reasoning, organization, composition, presentation, and evaluation of various types of speeches including informative and persuasive extemporaneous public speeches utilizing effective outlines, structure and style.

## Counseling 40

**Length of Course:** 1 semester

**Grade Level Options:** 11, 12

This course introduces students to the study of the educational, psychological, intellectual, social, and health-related factors that impact lifelong learning, well-being, and success. Topics include factors affecting internal and external motivation, critical thinking, effective learning strategies, interpersonal and cross-cultural communication, health and wellness issues, effective written and oral communication strategies, life management strategies, career exploration and educational planning.

## Health 11

**Length of Course:** 1 semester

**Grade Level Options:** 11, 12

This course offers concepts to use as guidelines for self-directed responsible living. Health topics cover emotional and mental health, nutrition and obesity, drug abuse, cardiovascular fitness, chronic and communicable diseases, reproduction, consumerism, environmental health, and death/dying.

## Sociology 1

**Length of Course:** 1 semester

**Grade Level Options:** 11, 12

This introductory course develops the sociological perspective that behavior is determined largely by human interactions and membership in social groups. The main elements of sociological analysis are presented, emphasizing social organization, culture, socialization, social inequality, and social change and applied to such topics as crime and social delinquency, minorities, the family, religion, education, and urban life.