



# After-School All-Stars, Los Angeles | TPES Upper Campus October 2026



## AFTERSCHOOL PROGRAM SCHEDULE

| PROGRAMS       | MONDAY                           | TUESDAY                           | WEDNESDAY                         | THURSDAY                        | FRIDAY     |
|----------------|----------------------------------|-----------------------------------|-----------------------------------|---------------------------------|------------|
| CHEER          | MS. KAMERON<br>4:00 PM - 5:00 PM |                                   | MS. KAMERON<br>2PM - 3PM          |                                 | FUN FRIDAY |
| FAN CLUB       | MR. GIO<br>4:00 PM - 5:00 PM     |                                   | MR. GIO<br>4:00 PM - 5:30 PM      |                                 | FUN FRIDAY |
| SPORTS         | MR. OLIVER<br>5:00 PM - 6:00 PM  |                                   | MR. OLIVER<br>4PM - 5:30 PM       | MR. OLIVER<br>4:00 PM - 5:00 PM | FUN FRIDAY |
| COOKING        |                                  | MS. DESTINEE<br>4:00 PM - 5:00 PM | MS. DESTINEE<br>4:00 PM - 5:30 PM |                                 | FUN FRIDAY |
| HEALTH/FITNESS | MS. NADIA<br>5:00 PM - 6:00 PM   | MS NADIA<br>4:00 PM - 5:00 PM     |                                   | MS. NADIA<br>5:00 PM - 6:00 PM  | FUN FRIDAY |
| ART            |                                  | MS. TANYA<br>4:00 PM - 5:00 PM    | MS. TANYA<br>4:00 PM - 5:30 PM    |                                 | FUN FRIDAY |
| MENTAL HEALTH  |                                  | MR. OLIVER<br>4:00 PM - 6:00 PM   |                                   |                                 | FUN FRIDAY |
| BOOK CLUB      |                                  |                                   |                                   | MR. GIO<br>5:00 PM - 6:00 PM    | FUN FRIDAY |

### REGULAR BREAKDOWN

|                   |                |
|-------------------|----------------|
| 2:30 pm - 3:00 pm | Sign-in        |
| 3:00 pm - 3:30 pm | Snack          |
| 3:30 pm - 3:45 pm | Agreements     |
| 3:45 pm - 4:00 pm | Restroom Break |
| 4:00 pm - 5:00 pm | Countdown      |
| 5:00 pm - 6:00 pm | Blastoff       |

### (EARLY) BREAKDOWN

|                    |                      |
|--------------------|----------------------|
| 12:30 pm - 1:00 pm | Sign-in              |
| 1:00 pm - 1:30 pm  | Lunch                |
| 1:30 - 1:45 pm     | Agreements           |
| 1:45 pm - 2:45 pm  | ALL STAR ASSEMBLY    |
| 2:45 pm - 3:00 pm  | Water/Restroom Break |
| 3:00 pm - 3:30 pm  | Snack                |
| 3:30 pm - 4:30 pm  | Countdown            |
| 4:30 pm - 6:00 pm  | Blastoff             |

## MORNING PROGRAM SCHEDULE

| PROGRAMS          | MONDAY                         | TUESDAY                       | WEDNESDAY                     | THURSDAY | FRIDAY                         |
|-------------------|--------------------------------|-------------------------------|-------------------------------|----------|--------------------------------|
| YOGA              |                                | MS. NADIA<br>6:30AM - 7:45 AM | MS. NADIA<br>6:30AM - 7:45 AM |          | MS. NADIA<br>6:30AM - 7:45 AM  |
| HEALTHY LIFESTYLE | MS. TANYA<br>6:30 AM - 7:45 AM |                               |                               |          | MS. TANYA<br>6:30 PM - 7:45 PM |

ENRICHMENT

RECREATION

VENDOR LED

INITIATIVE

### IMPORTANT DATES

- 10.09.26 - MENTAL HEALTH DAY #1
- 10.12.26 - INDIGENOUS PEOPLE'S DAY

### MORNING PROGRAM BREAKDOWN

|                   |                     |
|-------------------|---------------------|
| 6:25 AM - 7:00 AM | SIGN INS            |
| 6:30 AM - 7:45 AM | MORNING SELF CARE   |
| 7:55 AM - 8:00 AM | SIGN OUTS/DISMISSAL |

### FUN FRIDAYS

- 10.02.26 - HISPANIC HERITAGE FESTIVAL
- 10.16.26 - ACTIVITY ADVENTURE
- 10.23.26 - L.O.A.S. PUMPKIN PAINTING
- 10.30.26 - HARVEST FESTIVAL

Program Coordinator | (323)821-8056 | [teachprepes@la-allstars.org](mailto:teachprepes@la-allstars.org)

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