

Please make sure your grade level group is correct on your menu and input your counts to the left of each meal you want to order. Please refer to bottom of menu for menu selection policies.

School Name: TEACH ACADEMY OF TECHNOLOGIES- 10045 SITE

April 2024 Master Menu

Last Updated: 11/07/2023
At 11:11 am

| Grades: K - 8 | <i>April 2024 Master Menu</i> | | | | | | | | | | Last Updated: 11/07/2023 At 11:11 am |
|------------------|-------------------------------|---|------------|---|--------------|--|------------|---|---------------|---|---|
| Week 1 Options | Red & Orange | | Dark Green | | Beans & Peas | | Starchy | | Other Veggies | | |
| | 4/1/2024 | | 4/2/2024 | | 4/3/2024 | | 4/4/2024 | | 4/5/2024 | | |
| Breakfast | 0 | Coffee Cinnamon Crumble | 120 | Sausage English Muffin | 0 | Banana Muffin | 0 | Pancakes (2) | 130 | Mexican Concha | |
| Breakfast | 0 | Bagel & Jelly | 0 | Multi Grain Cheerios & WG Crackers | 120 | Sunbutter & Jelly Sandwich | 120 | Cinnamon Toast Crunch & WG Crackers | 0 | Bagel & Jelly | |
| Hot Meal | 0 | | 130 | Poblano Green Chicken Pasta w/steamed broccoli & carrots (1c) | 0 | | 120 | Chicken Tinga Burrito w/whole kernel corn (1/2c) | 130 | Honey BBQ Wings w/dinner roll & carrot sticks (3/4c) | |
| Hot Meal | 0 | | 0 | Orange Chicken Bowl w/brown rice (3/4c) & steamed broccoli & carrots (1c) | 0 | | 0 | Sloppy Joe on a HB Bun w/whole kernel corn (3/4c) | 0 | Creamy Tuscan Chicken Pasta w/peas & carrots (1c) | |
| Hot Vegetarian | 0 | | 0 | Poblano Green Cheese Pasta w/steamed broccoli & carrots (1c) | 0 | | 0 | Bean & Cheese Burrito w/whole kernel corn (1/2c) | 0 | Creamy Tuscan Cheese Pasta w/peas & carrots (1c) | |
| Cold Meal | 0 | Turkey & Cheese Hoagie Sandwich w/carrot sticks (3/4c) | 0 | Creamy Basil Chicken Hoagie Sandwich w/broccoli & carrots (1c) | 65 | Oriental Chicken Tortilla Wrap w/bbq bean salad (1/2c) | 0 | Ham and Cheese Bagel Sandwich w/bbq corn salad (3/4c) | 0 | Roasted Pepper Chicken Hoagie Sandwich w/carrot sticks (3/4c) | |
| Cold Pastas | 0 | Asian Chicken Pasta Salad | 0 | Chicken Pasta Primavera Salad | 65 | Cilantro Chicken Pasta Salad | 0 | Fiesta Chicken Pasta Salad | 0 | Sweet Chili Chicken Pasta Salad | |
| Cold Vegetarian | 0 | Chipotle Cheese Pasta Salad w/carrot sticks (3/4c) | 0 | Bean & Cheese Torta w/broccoli & carrots (1c) | 0 | Cajun Cheese Pasta Salad w/bbq bean salad (3/4c) | 0 | Bean & Cheese Torta w/bbq corn salad (3/4c) | 0 | Marinara Cheese Pasta Salad w/carrot sticks (3/4c) | |
| Daily Salad | 0 | Caesar Chicken Salad with a Wheat Dinner Roll | 0 | Santa Fe Chicken Salad with a Wheat Dinner Roll | 0 | Greek Chicken Salad with a Wheat Dinner Roll | 0 | Chef Turkey & Ham Salad with a Wheat Dinner Roll | 0 | Chinese Chicken Salad with a Wheat Dinner Roll | |
| Snack | 0 | Scooby-Doo Crackers | 0 | Vanilla Muffin (S) | 0 | Chocolate Chex Mix | 0 | Goldfish Crackers | 0 | Oatmeal Cookie (S) | |
| NOTES | | | | | | | | | | | |
| D | | | | | | | | | | | |
| Week 2 Options | Red & Orange | | Starchy | | Beans & Peas | | Dark Green | | Other Veggies | | |
| | 4/8/2024 | | 4/9/2024 | | 4/10/2024 | | 4/11/2024 | | 4/12/2024 | | |
| Breakfast | 120 | Yogurt & Graham Crackers | 0 | Soyrizo Breakfast Burrito | 120 | Strawberry Muffin | 120 | Cinnamon French Toast | 120 | Vanilla Muffin | |
| Breakfast | 0 | Sunbutter & Jelly Sandwich | 130 | Lucky Charms & WG Crackers | 0 | Bagel & Jelly | 0 | Rice Chex & WG Crackers | 0 | Bagel & Jelly | |
| Hot Meal | 0 | | 0 | Spaghetti and Meatballs w/whole kernel corn (1/2c) | 0 | | 120 | Chicken Alfredo Baked Ziti Bowl w/steamed broccoli & carrots (1c) | 0 | | |
| Hot Meal | 0 | | 130 | Hamburger w/tater tots (3/4c) | 0 | | 0 | Southwestern Chicken w/brown rice (3/4c) & steamed broccoli & carrots (1c) | 0 | | |
| Hot Vegetarian | 0 | | 0 | Spaghetti & Cheese Marinara w/whole kernel corn (1/2c) | 0 | | 0 | Cheesy Alfredo Baked Ziti Bowl w/steamed broccoli & carrots (1c) | 0 | | |
| Cold Meal | 0 | BBQ Chicken Hoagie Sandwich w/carrot sticks (3/4c) | 0 | Turkey & Cheese Panini w/bbq corn salad (3/4c) | 65 | Cilantro Chicken Hoagie Sandwich w/bbq bean salad (3/4c) | 0 | Caesar Chicken Tortilla Wrap w/broccoli & carrots (1/2c) | 60 | Ham and Cheese Hoagie Sandwich w/carrot sticks (3/4c) | |
| Cold Pastas | 0 | Asian Chicken Pasta Salad | 0 | Fiesta Chicken Pasta Salad | 0 | Cilantro Chicken Pasta Salad | 0 | Chicken Pasta Primavera Salad | 0 | Sweet Chili Chicken Pasta Salad | |
| Cold Vegetarian | 0 | Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) | 0 | Bean & Cheese Torta w/bbq corn salad (3/4c) | 0 | Chipotle Cheese Pasta Salad w/bbq bean salad (3/4c) | 0 | Bean & Cheese Torta w/broccoli & carrots (1c) | 0 | Garlic Pesto Cheese Pasta Salad w/carrot sticks (3/4c) | |
| Daily Salad | 130 | Caesar Chicken Salad with a Wheat Dinner Roll | 0 | Santa Fe Chicken Salad with a Wheat Dinner Roll | 65 | Greek Chicken Salad with a Wheat Dinner Roll | 0 | Chef Turkey & Ham Salad with a Wheat Dinner Roll | 60 | Chinese Chicken Salad with a Wheat Dinner Roll | |
| Snack | 0 | Chocolate Chip Muffin (S) | 0 | Oatmeal Cookie (S) | 0 | Goldfish Pretzel | 0 | Scooby-Doo Crackers | 0 | Cereal Bar (S) | |
| NOTES | | | | | | | | | | | |
| E | | | | | | | | | | | |
| Week 3 Options | Red & Orange | | Starchy | | Beans & Peas | | Dark Green | | Other Veggies | | |
| | 4/15/2024 | | 4/16/2024 | | 4/17/2024 | | 4/18/2024 | | 4/19/2024 | | |
| Breakfast | 120 | Coffee Cinnamon Crumble | 120 | Breakfast Chilaquiles | 0 | Banana Muffin | 0 | Sausage English Muffin | 130 | Mexican Concha | |
| Breakfast | 0 | Bagel & Jelly | 0 | Multi Grain Cheerios & WG Crackers | 120 | Sunbutter & Jelly Sandwich | 120 | Coco Puffs & WG Crackers | 0 | Bagel & Jelly | |
| Hot Meal | 0 | | 60 | Three Cheese Mac & Cheese w/peas & carrots (1c) | 0 | | 120 | Pizza Lasagna w/steamed broccoli & carrots (1c) | 65 | Hawaiian Chicken w/brown rice (3/4c) & steamed carrots (3/4c) | |
| Hot Meal | 0 | | 60 | Orange Chicken Bowl w/brown rice (3/4c) & peas & carrots (1c) | 0 | | 0 | Creamy Chicken Chipotle w/brown rice (3/4c) & steamed broccoli & carrots (1c) | 65 | Turkey Hot Dog on a Bun w/carrot sticks (3/4c) | |
| Hot Vegetarian | 0 | | 0 | Three Cheese Mac & Cheese w/peas & carrots (1c) | 0 | | 0 | Vegetarian Lasagna w/steamed broccoli & carrots (1c) | 0 | Vegetable Fried Rice | |
| Cold Meal | 0 | Turkey & Cheese Hoagie Sandwich w/carrot sticks (3/4c) | 0 | Roasted Pepper Chicken Hoagie Sandwich w/bbq corn salad (3/4c) | 130 | Caesar Chicken Tortilla Wrap w/bbq bean salad (1/2c) | 0 | Creamy Basil Chicken Hoagie Sandwich w/broccoli & carrots (1c) | 0 | Ham and Cheese Panini w/carrot sticks (3/4c) | |
| Cold Pastas | 0 | Asian Chicken Pasta Salad | 0 | Fiesta Chicken Pasta Salad | 0 | Cilantro Chicken Pasta Salad | 0 | Chicken Pasta Primavera Salad | 0 | Sweet Chili Chicken Pasta Salad | |
| Cold Vegetarian | 0 | Marinara Cheese Pasta Salad w/carrot sticks (3/4c) | 0 | Bean & Cheese Torta w/bbq corn salad (3/4c) | 0 | Cajun Cheese Pasta Salad w/bbq bean salad (3/4c) | 0 | Bean & Cheese Torta w/broccoli & carrots (1c) | 0 | Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) | |
| Daily Salad | 130 | Caesar Chicken Salad with a Wheat Dinner Roll | 0 | Santa Fe Chicken Salad with a Wheat Dinner Roll | 0 | Greek Chicken Salad with a Wheat Dinner Roll | 0 | Chef Turkey & Ham Salad with a Wheat Dinner Roll | 0 | Chinese Chicken Salad with a Wheat Dinner Roll | |
| Snack | 0 | Scooby-Doo Crackers | 0 | Strawberry Muffin (S) | 0 | Cheez-its | 0 | Chocolate Chex Mix | 0 | Oatmeal Cookie (S) | |
| NOTES | | | | | | | | | | | |
| F | | | | | | | | | | | |
| Week 4 Options | Red & Orange | | Starchy | | Beans & Peas | | Dark Green | | Other Veggies | | |
| | 4/22/2024 | | 4/23/2024 | | 4/24/2024 | | 4/25/2024 | | 4/26/2024 | | |
| Breakfast | 130 | String Cheese & Graham Crackers | 0 | Pancakes (2) | 130 | Chocolate Chip Muffin | 0 | Bean & Cheese Breakfast Burrito | 120 | Blueberry Muffin | |
| Breakfast | 0 | Sunbutter & Jelly Sandwich | 120 | Cinnamon Toast Crunch & WG Crackers | 0 | Bagel & Jelly | 130 | Trix & WG Crackers | 0 | Bagel & Jelly | |
| Hot Meal | 0 | | 0 | Chicken Parmesan Pasta w/whole kernel corn (1/2c) | 0 | | 120 | Chicken Alfredo Baked Ziti Bowl w/steamed broccoli & carrots (1c) | 0 | | |
| Hot Meal | 0 | | 130 | Chicken Nuggets w/dinner roll & whole kernel corn (3/4c) | 0 | | 0 | Lemon Garlic Chicken w/brown rice (3/4c) & steamed broccoli & carrots (1c) | 0 | | |
| Hot Vegetarian | 0 | | 0 | Spaghetti & Cheese Marinara w/whole kernel corn (1/2c) | 0 | | 0 | Cheesy Alfredo Baked Ziti Bowl w/steamed broccoli & carrots (1c) | 0 | | |
| Cold Meal | 0 | Turkey & Cheese Hoagie Sandwich w/carrot sticks (3/4c) | 0 | Cilantro Chicken Hoagie Sandwich w/bbq corn salad (3/4c) | 0 | Ham and Cheese Bagel Sandwich w/bbq bean salad (3/4c) | 0 | Oriental Chicken Tortilla Wrap w/broccoli & carrots (1/2c) | 0 | BBQ Chicken Hoagie Sandwich w/carrot sticks (3/4c) | |
| Cold Pastas | 0 | Asian Chicken Pasta Salad | 0 | Fiesta Chicken Pasta Salad | 65 | Cilantro Chicken Pasta Salad | 0 | Chicken Pasta Primavera Salad | 0 | Sweet Chili Chicken Pasta Salad | |
| Cold Vegetarian | 120 | Garlic Pesto Cheese Pasta Salad w/carrot sticks (3/4c) | 0 | Bean & Cheese Torta w/bbq corn salad (3/4c) | 0 | Chipotle Cheese Pasta Salad w/bbq bean salad (3/4c) | 0 | Bean & Cheese Torta w/broccoli & carrots (1c) | 60 | Cajun Cheese Pasta Salad w/carrot sticks (3/4c) | |
| Daily Salad | 0 | Caesar Chicken Salad with a Wheat Dinner Roll | 0 | Santa Fe Chicken Salad with a Wheat Dinner Roll | 65 | Greek Chicken Salad with a Wheat Dinner Roll | 0 | Chef Turkey & Ham Salad with a Wheat Dinner Roll | 60 | Chinese Chicken Salad with a Wheat Dinner Roll | |
| Snack | 50 | Banana Muffin (S) | 50 | Goldfish Pretzel | 50 | Cereal Bar (S) | 50 | Oatmeal Cookie (S) | 50 | Scooby-Doo Crackers | |
| NOTES | | | | | | | | | | | |
| G | | | | | | | | | | | |
| Week 5 Options | Red & Orange | | Starchy | | Beans & Peas | | Dark Green | | Other Veggies | | |
| | 4/29/2024 | | 4/30/2024 | | 5/1/2024 | | 5/2/2024 | | 5/3/2024 | | |
| Breakfast | 120 | Coffee Cinnamon Crumble | 0 | Cheese Quesadilla | 120 | Vanilla Muffin | 130 | Maple Waffle | 130 | Mexican Concha | |
| Breakfast | 0 | Bagel & Jelly | 130 | Lucky Charms & WG Crackers | 0 | Sunbutter & Jelly Sandwich | 0 | Cinnamon Toast Crunch & WG Crackers | 0 | Bagel & Jelly | |
| Hot Meal | 0 | | 0 | Chili Cheese Dog w/whole kernel corn (3/4c) | 0 | | 65 | BBQ Chicken Mac & Cheese w/steamed broccoli & carrots (1c) | 130 | Hamburger w/carrot sticks (3/4c) | |
| Hot Meal | 0 | | 0 | Mongolian Chicken Chow Mein Bowl w/peas & carrots (3/4c) | 0 | | 65 | Orange Chicken Bowl w/brown rice (3/4c) steamed broccoli & carrots (1c) | 0 | Bean & Cheese Burrito w/carrot sticks (1/2c) | |
| Hot Vegetarian | 0 | | 130 | Green Cheese Enchiladas w/whole kernel corn (1/2c) | 0 | | 0 | Three Cheese Mac & Cheese w/steamed broccoli & carrots (1c) | 0 | Black Bean Burger w/carrot sticks (3/4c) | |
| Cold Meal | 0 | Creamy Basil Chicken Hoagie Sandwich w/carrot sticks (3/4c) | 0 | Ham and Cheese Hoagie Sandwich w/bbq corn salad (3/4c) | 65 | Torta de Tinga w/cilantro bean salad (3/4c) | 0 | Turkey & Cheese Panini w/broccoli & carrots (1c) | 0 | Roasted Pepper Chicken Hoagie Sandwich w/carrot sticks (3/4c) | |
| Cold Pastas | 0 | Asian Chicken Pasta Salad | 0 | Fiesta Chicken Pasta Salad | 0 | Cilantro Chicken Pasta Salad | 0 | Chicken Pasta Primavera Salad | 0 | Sweet Chili Chicken Pasta Salad | |
| Cold Vegetarian | 0 | Parmesan Cheese Pasta Salad w/carrot sticks (3/4c) | 0 | Bean & Cheese Torta w/bbq corn salad (3/4c) | 0 | Marinara Cheese Pasta Salad w/cilantro bean salad (3/4c) | 0 | Bean & Cheese Torta w/broccoli & carrots (1c) | 0 | Garlic Pesto Cheese Pasta Salad w/carrot sticks (3/4c) | |
| Daily Salad | 130 | Caesar Chicken Salad with a Wheat Dinner Roll | 0 | Santa Fe Chicken Salad with a Wheat Dinner Roll | 65 | Greek Chicken Salad with a Wheat Dinner Roll | 0 | Chef Turkey & Ham Salad with a Wheat Dinner Roll | 0 | Chinese Chicken Salad with a Wheat Dinner Roll | |
| Snack | 0 | Goldfish Crackers | 0 | Chocolate Chip Muffin (S) | 0 | Oatmeal Cookie (S) | 0 | Strawberry Chex Mix | 0 | NutriGrain Bar (S) | |
| NOTES | | | | | | | | | | | |
| H | | | | | | | | | | | |

Orders not submitted before the 5 business day deadline will receive meals selected by their client representative. Meal changes and cancelations must be given within 5 business days. Order counts may be changed within a 2 business day notice. At least 80% of weekly grains/breads are whole grain rich. Fruits are subject to change depending on availability of product. All breakfast, lunches and suppers are served with milk and fruit. Snack is served with milk. Menu subject to change. Menu items may change due to national supply chain issues including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.