



Grades: K - 8				Noven	nbe	r 2023 Master	· Me	enu		Last Updated: 6/29/2023
Week 1 Options		Red & Orange	Dark Green		Beans & Peas		Starchy		At 11:11 am Other Veggies	
		11/6/2023		11/7/2023		11/8/2023		11/9/2023		11/10/2023
Breakfast	260	String Cheese & Graham Crackers		Sausage English Muffin		Blueberry Muffin		Maple Waffle		Mexican Concha
Breakfast		Banana Muffin	260	Lucky Charms & WG Crackers	260	Bagel & Jelly	260	Multi Grain Cheerios & WG Crackers		Bagel & Jelly
Hot Meal			260	Creamy Chicken Chipotle Pasta w/steamed broccoli & carrots (1c)				Southwestern Chicken w/brown rice (3/4c) & whole kernel corn (1/2c)		
Hot Meal				Hawaiian Chicken w/brown rice (3/4c) &			260	Beef Marinara Baked Ziti Bowl w/whole		No School
				steamed broccoli & carrots (1c) Creamy Chipotle Cheese Pasta				kernel corn (1/2c) Cheesy Marinara Baked Ziti Bowl		110 301001
Hot Vegetarian			1	w/steamed broccoli & carrots (1c)			1	w/whole kernel corn (1/2c)		
Cold Meal		Caesar Chicken Tortilla Wrap w/carrot sticks (1/2c)		Roasted Pepper Chicken Hoagie Sandwich w/broccoli & carrots (1c)	260	Ham and Cheese Bagel Sandwich w/bbq bean salad (3/4c)		Cilantro Chicken Salad Hoagie Sandwich w/bbq corn salad (3/4c)		Ham and Cheese Panini Sandwich w/carrot sticks (3/4c)
Cold Pastas		Asian Chicken Pasta Salad		Chicken Pasta Primavera Salad		Cilantro Chicken Pasta Salad		Fiesta Chicken Pasta Salad		Sweet Chili Chicken Pasta Salad
Cold Vegetarian	260	Marinara Cheese Pasta Salad w/carrot sticks (3/4c)		Bean & Cheese Torta w/broccoli & carrots (1c)	1	Garlic Pesto Cheese Pasta Salad w/bbq bean salad (3/4c)		Bean & Cheese Torta w/bbq corn salad (3/4c)		Parmesan Cheese Pasta Salad w/car sticks (3/4c)
Daily Salad		Italian Antipasto Salad with a Wheat		Santa Fe Chicken Salad with a Wheat		Caesar Chicken Salad with a Wheat		Chef Turkey & Ham Salad with a Wheat		Chinese Chicken Salad with a Whe
Snack	100	Dinner Roll Goldfish Crackers	100	Dinner Roll Strawberry Muffin	100	Dinner Roll Cereal Bar	100	Dinner Roll Banana Muffin		Dinner Roll Scooby-Doo Crackers
NOTES	100	Goldisii Crackets	100	. Strawberry Widnin	100	Cerear Dai	100	: Danaia Wullin		Scoody-Doo Crackers
A										
Week 2		Red & Orange		Dark Green		Beans & Peas		Starchy		Other Veggies
Options	11/13/2023		11/14/2023		11/15/2023		11/16/2023		11/17/2023	
					260		260	Cheese Quesadilla		
Breakfast Breakfast	260	Coffee Cinnamon Crumble Bagel & Jelly	200	Pancakes (2) Trix & WG Crackers	260	Banana Muffin Bagel & Jelly	260	Cheese Quesadilla Coco Puffs & WG Crackers		Yogurt & Graham Crackers Blueberry Muffin
Hot Meal		Bagei & Jelly	260	Chicken Alfredo Baked Ziti Bowl		Bagel & Jelly	260	:		Orange Chicken Bowl w/brown ric
Hot Meai			260	w/steamed broccoli & carrots (1c)			260	Hamburger w/tater tots (3/4c)		(3/4c) & steamed carrots (3/4c)
Hot Meal				Chicken Teriyaki Bowl w/brown rice (3/4c) & steamed broccoli & carrots (1c)				Turkey Hot Dog on a Bun w/whole kernel corn (3/4c)		Spaghetti and Meatballs w/steame carrots (1/2c)
Hot Vegetarian			1	Cheesy Alfredo Baked Ziti Bowl			1	Black Bean Burger w/tater tots (3/4c)		Spaghetti & Cheese Marinara
		Italian Turkey, Ham and Cheese Hoagie		w/steamed broccoli & carrots (1c) BBQ Chicken Hoagie Sandwich		Caesar Chicken Tortilla Wrap w/cilantro		Creamy Basil Chicken Hoagie Sandwich		w/steamed carrots (1/2c) Turkey & Cheese Bagel Sandwich
Cold Meal	260	Sandwich w/carrot sticks (3/4c)		w/broccoli & carrots (1c)	260	bean salad (1/2c)		w/bbq corn salad (3/4c)		w/carrot sticks (3/4c)
Cold Meal		Asian Chicken Pasta Salad		Chicken Pasta Primavera Salad	1	Cilantro Chicken Pasta Salad		Fiesta Chicken Pasta Salad		Sweet Chili Chicken Pasta Salad
Cold Vegetarian	1	Chipotle Cheese Pasta Salad w/carrot		Bean & Cheese Torta w/broccoli &		Parmesan Cheese Pasta Salad w/cilantro		Bean & Cheese Torta w/bbq corn salad		Cajun Cheese Pasta Salad w/carro
Daily Salad		ticke (2/4c). Italian Antipasto Salad with a Wheat Dinner Roll		Santa Fe Chicken Salad with a Wheat Dinner Roll		hean salad /3/4c\ Caesar Chicken Salad with a Wheat Dinner Roll		(2.(4c). Chef Turkey & Ham Salad with a Wheat		Chinese Chicken Salad with a Whe
Snack	100	Blueberry NutriGrain Bar	100	Chocolate Chex Mix	100	Cheez-its	100	Strawberry Muffin	100	Goldfish Pretzel
Snack NOTES	100		100		100		100		100	
	100		100		100		100		100	
NOTES B	100	Blueberry NutriGrain Bar	100	Chocolate Chex Mix	100	Cheez-its	100	Strawberry Muffin	100	Goldfish Pretzel
NOTES	100		100		100		100		100	
NOTES B Week 3 Options Breakfast	100	Red & Orange 11/20/2023 String Cheese & Graham Crackers	100	Chocolate Chex Mix Dark Green 11/21/2023 Maple Waffle	100	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin	100	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito	100	Other Veggies 11/24/2023 Mexican Concha
NOTES B Week 3 Options Breakfast Breakfast	100	Red & Orange	100	Chocolate Chex Mix Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WG Crackers	100	Cheez-its Beans & Peas 11/22/2023	100	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito Multi Grain Cheerios & WG Crackers	100	Other Veggies 11/24/2023
NOTES B Week 3 Options Breakfast	100	Red & Orange 11/20/2023 String Cheese & Graham Crackers	100	Chocolate Chex Mix Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WG Crackers Pizza Lasagna w/steamed broccoli & carrots (1c)	100	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin	100	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito	100	Other Veggies 11/24/2023 Mexican Concha
NOTES B Week 3 Options Breakfast Breakfast	100	Red & Orange 11/20/2023 String Cheese & Graham Crackers	100	Chocolate Chex Mix Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WG Crackers Pizza Lasagan w/steamed brocoll & carrots (1c) Terrjaki Chicken Chow Mein Bowl	100	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin	100	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito Multi Grain Cheerios & WG Crackers Beef & Bean chill (1c) w/dinner roll &	100	Other Veggies 11/24/2023 Mexican Concha
NOTES B Week 3 Options Breakfast Breakfast Hot Meal	100	Red & Orange 11/20/2023 String Cheese & Graham Crackers	100	Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WG Crackers Pizza Lasagra w/steamed broccol & carrots (1c) Terryak Ichicen Chow Mein Bowl w/steamed broccol & carrots (1c) Vegetarian Lasagna w/steamed broccol	100	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin	100	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito Multi Grain Cheerios & WG Crackers Beef & Bean chill (£) w/dinner roll & whole kernel corn (1/2c) Hamburger w/whole kernel corn (3/4c) Bean Chill (3/4c) w/dinner roll & whole	100	Other Veggies 11/24/2023 Mexican Concha
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Wegetarian	100	Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin	100	Chocolate Chex Mix Dark Green 11/21/2023 Maple Waffle Clinnamon Toast Crunch & W.G. Crackers Pizza Lasagna w/steamed brocoli & carrots (1c) Teriyaki Chicken Chow Mein Bowl w/steamed brocoli & carrots (1c) Vegetarian Lasagna w/steamed broccoli & carrots (1c)	100	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly	100	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito Multi Grain Cheerios & WG Crackers Beef & Bean chili (12) w/dinner roll & whole kernel corn (1/2c) Hamburger w/whole kernel corn (3/4c) Bean Chili (3/4c) w/dinner roll & whole kernel corn (1/2c)	100	Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal	100	Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2c)	100	Chocolate Chex Mix Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WC Crackers Pizza Lasagna w/steamed broccoli & carrots (1c) Terlyaki Chicken Chow Mein Bowl w/steamed broccoli & carrots (1c) Vegetarian Lasagna w/steamed broccoli å carrots (1c) Cilantro Chicken Salad Hoagle Sandwich w/b/broccoli & carrots (1c)	100	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c)	100	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito Multi Grain Cheerios & WG Crackers Multi Grain Cheerios & WG Crackers whole kernel corn (1/2c) Hamburger w/whole kernel corn (3/4c) Bean Chili (3/4c) w/dinner roll & whole kernel corn (1/2c) Roasted Pepper Chicken Hoagle Sandwich w/basil corn salad (3/4c)	100	Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Ham and Cheese Hoagie Sandwic w/carrot sticks [3/4c]
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas	100	Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2c) Asian Chicken Pasta Salad	100	Chocolate Chex Mix Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WG Crackers Pitza Lasagna w/steamed broccol & carrots (1c) Teriyaki Chicken Chow Mein Bowl w/steamed broccol & carrots (1c) Vegetarian Lasagna w/steamed broccoli & carrots (1c) Cilantro Chicken Salad Hoagie Sandwich w/broccoli & carrots (1c) Chicken Pasta Primayere Salad	100	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cilanto Chicken Pasta Salad	100	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito. Mulfi Grain Cheerios & WG Crackers Beef & Bean Chill (1c) w/dinner roll & whole kernel corn (1/2c) Hamburger w/Moole kernel corn (3/4c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Roasted Pepper Chicken Hoagle Sandwich w/basil corn salad (3/4c) Fiesta Chicken Pasta Salad	100	Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Ham and Cheese Hoagie Sandwic W/carrot sticks [3/4c]
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas	100	Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2c) Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad w/carrot sticks (3/4c)	100	Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & W.G. Crackers Pitza Lasagna w/steamed broccoli & carrots (1c) Teriyaki Chicken Chow Mein Bowl w/steamed broccoli & carrots (1c) Vegetarian Lasagna w/steamed broccoli & carrots (1c) Cilantro Chicken Salad Hoagle Sandwich w/broccoli & carrots (1c) Cilcken Pasta Primavera Salad Bean & Cheese Torta w/broccoli & carrots (1c)	100	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cilantro Chicken Pasta Salad Chipotle Cheese Pasta Salad w/bbq bean salad (3/4b)	100	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito, Multi Grain Cheerios & WG Crackers. Beef & Bean Chill (1d) w/dinner roll & whole kernel corn (1/2c) Hamburger w/knole kernel corn (3/4c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Roasted Pepper Chicken Hoagle Sandwich w/basil corn salad (3/4c) Fiests Chicken Pasts Salad Bean & Cheese Torta w/basil corn salad Ban & Cheese Torta w/basil corn salad	100	Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Ham and Cheese Hoagie Sandwic w/carrot sticks (3/4c) Sweet Chill Chicken Pasta Salad Marinara Cheese Pasta Salad w/car
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas	100	Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2c) Asian Chicken Pasta Salad Garlie Pesta Salad w/carrot sticks (3/4c) Italian Antipasto Salad with a Wheat	100	Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WC Crackers Pizza Lasagna w/steamed broccoli & carrots (1c) Teriyaki Chicken Chow Mein Bowl w/steamed broccoli & carrots (1c) Vegetarian Lasagna w/steamed broccoli & carrots (1c) Cilantro Chicken Salad Hoagle Sandwich w/broccoli & carrots (1c) Cilcken Pasta Primavera Salad Bean & Cheese Torta w/broccoli & carrots (1c) Santa Fe Chicken Salad with a Wheat	100	Cheez-its Beans & Peas 11/22/2023 Strawberry, Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cilantro Chicken Pasta Salad Chipotel Cheese Pasta Salad w/bbq bean salad (3/4c) Caesar Chicken Salad with a Wheat	100	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito Multi Grain Cheerios & WG Crackers Method Grain Cheerios & WG Crackers Beef & Bean Chill (Ict) w/dinner roll & whole kernel corn (1/2c) Hamburger w/whole kernel corn (1/2c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Roasted Pepper Chicken Hoagie Sandwich w/basil corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Chees Torta w/basil corn salad (3/4c) Chef Turkey & Ham Salad with a Wheat	100	Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Ham and Cheese Hoagie Sandwic w/carrot sticks (5/4c) Sweet Chill Chicker Pasta Salad W/car sticks (3/4c) Chinese Chicken Salad with a Whe
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack	100	Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2c) Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad w/carrot sticks (3/4c)	100	Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & W.C crackers Pitza Lasagna w/steamed broccoli & carrots (1c) Teriyaki Chicken Chow Mein Bowl w/steamed broccoli & carrots (1c) Vegetarian Lasagna w/steamed broccoli & carrots (1c) Cilantro Chicken Salad Hoagle Sandwich w/broccoli & carrots (1c) Cilcken Pasta Primawera Salad Bean & Cheese Torta w/broccoli & carrots (1c)	100	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cilantro Chicken Pasta Salad Chipotle Cheese Pasta Salad w/bbq bean salad (3/4b)	100	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito, Multi Grain Cheerios & WG Crackers. Beef & Bean Chill (1d) w/dinner roll & whole kernel corn (1/2c) Hamburger w/knole kernel corn (3/4c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Roasted Pepper Chicken Hoagle Sandwich w/basil corn salad (3/4c) Fiests Chicken Pasts Salad Bean & Cheese Torta w/basil corn salad Ban & Cheese Torta w/basil corn salad	100	Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Ham and Cheese Hoagie Sandwic w/carrot sticks [3/4c] Sweet Chill Chicken Pasta Salad Marinara Cheese Pasta Salad w/car
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES	100	Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot stricks (1/2/c) Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad w/carrot stricks (3/4c) Italian Antipasto Salad with a Wheat Dinner Roll	100	Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & W.G. Crackers Pitza Lasagna w/steamed broccoli & carrots (1c) Teriyaki Chicken Chow Mein Bowl W/steamed broccoli & carrots (1c) Cilantro Chicken Salad Hoagle Sandwich W/broccoli & carrots (1c) Cilantro Chicken Salad Hoagle Sandwich W/broccoli & carrots (1c) Cilcicken Posta Primavera Salad Bean & Cheese Torta w/broccoli & carrots (1c) Santa Fe Chicken Salad with a Wheat Dinner Roll	100	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cliantro Chicken Pasta Salad Chipotie Cheese Pasta Salad w/bbq bean salad (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll	100	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito, Multi Grain Cheerios & WG Crackers. Beef & Bean Chill (12) w/dinner roll & whole kernel corn (1/2c) Hamburger w/whole kernel corn (3/4c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Roasted Pepper Chicken Hoagie Sandwich w/basil corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/basil corn salad (3/4c) Chef Turkey & Ham Salad with a Wheat Dinner Roll	100	Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Ham and Cheese Hoagie Sandwick W/carrot sticks (3/4c) Sweet Child Chicken Pasta Salad Marinara Cheese Pasta Salad w/car sticks (3/4c) Chinese Chicken Salad with a Whe
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES C	100	Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2c) Asian Chicken Pasta Salad Garle Pesto Cheese Pasta Salad w/carrot sticks (3/4c) Italian Antipasto Salad with a Wheat Dinner Boll Scooby-Doo Crackers		Chocolate Chex Mix Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WG Crackers Pizza Lasagna w/steamed broccol & carrots (1c) Terlyaki Chicken Chow Mein Bowl w/steamed broccol & carrots (1c) Vegetarian Lasagna w/steamed broccoli & carrots (1c) Ciliantro Chicken Salad Hoagie Sandwich w/broccoli & carrots (1c) Cilicken Pasta Primavera Salad Bean & Cheses Torta w/broccoli & carrots (1c) Santa Fe Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble	100	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cilanto Chicken Pasta Salad Chipotle Cheese Pasta Salad w/bbq bean salad (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Goldfish Crackers	100	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito Multi Grain Cheerios & WG Crackers Beef & Bean Chill (1c) w/dinner roll & whole kernel corn (1/2c) Hamburger w/Moole kernel corn (3/4c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chill (3/4c) Bean & Cheese Borta w/basil corn salad (3/4c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Strawberry Chex Mix	100	Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Ham and Cheese Hoagie Sandwici W/carrot sticks (3/4c) Weet Chil Chicken Pasta Salad Marinar Cheese Pasta Salad w/car sticks (3/4c) Chinese Chicken Salad with a Whe-
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Vegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES C Week 4	100	Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2c) Asian Chicken Pasta Salad Garlic Pesta Solad Garlic Pesta Solad w/carrot sticks (3/4c) Italian Antigato Salad with a Wheat Dinner Roll Scooby-Doo Crackers Red & Orange	Dark (Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WG Crackers Pizza Lasagna w/steamed broccoli & carrots (1c) Teriyaki Chicken Chow Mein Bowl w/steamed broccoli & carrots (1c) Lose Chicken Chow Mein Bowl w/steamed broccoli & carrots (1c) Clianto Chicken Salad Hoagle Sandwich w/broccoli & carrots (1c) Chicken Pasta Primavera Salad Bean & Chese Totra w/broccoli & carrots (1c) Santa Fe Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble	100	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cliantro Chicken Pasta Salad Chipote Cheese Pasta Salad Chipote Cheese Pasta Salad w/bbq bean salad (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Goldfish Crackers Beans & Peas	100	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito Multi Grain Cheerios & WG Crackers Beef & Bean Chill (Ed w/dinner roll & whole kernel corn (1/2c) Hamburger w/whole kernel corn (3/4c) Hamburger w/whole kernel corn (3/4c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Roasted Pepper Chicken Hoagie Sandwich w/basil corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/basil corn salad (3/4c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Strawberry Chex Mix	100	Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Ham and Cheese Hoagle Sandwic W/carrot sticks (3/4c) Sweet Chill Chicker Pasta Salad Marinara Cheese Pasta Salad W/car sticks (3/4c) Chinese Chicken Salad with a Whe Dinner Roll Banana Muffin
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES C		Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2c) Asian Chicken Pasta Salad w/carrot sticks (3/4c) Italian Antipato Salad with a Wheat Dinner Roll Scooby-Doo Crackers Red & Orange 11/27/2023		Chocolate Chex Mix Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WC Crackers Pizza Lasagna w/steamed broccoli & carrots (1c) Teriyaki Chicken Chow Mein Bowl w/steamed broccoli & carrots (1c) Vegetarian Lasagna w/steamed broccoli & carrots (1c) Cilantro Chicken Salad Hoagle Sandwich w/broccoli & carrots (1c) Chicken Pasta Primavera Salad Bean & Chesee Torta w/broccoli & carrots (1c) Santa Fe Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble		Cheez-its Beans & Peas 11/22/2023 Strawberry, Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cilantro Chicken Pasta Salad Chipote Cheese Pasta Salad w/bq bean salad (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Goldfish Crackers Beans & Peas 11/29/2023	100	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito Multi Grain Cheerios & WG Crackers Beef & Bean folli (Ict) w/dinner roll & whole kernel corn (1/2c) Hamburger w/whole kernel corn (1/2c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Roasted Pepper Chicken Hoagie Sandwich w/basil corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/basil corn salad (3/4c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Strawberry Chex Mix		Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Ham and Cheese Hoage Sandwic w/carrot sticks (5/4c) Sweet Chill Chicken Pasts Salad Warianz Cheese Pasts Salad w/car sticks (3/4c) Chinesc Chicken Salad with a Whe Dinner Roll Banana Muffin Other Veggies 12/1/2023
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas cold Vegetarian Daily Salad Snack NOTES C Week 4 Options	100	Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2c) Asian Chicken Pasta Salad Garlic Pesta Solad Garlic Pesta Solad w/carrot sticks (3/4c) Italian Antigato Salad with a Wheat Dinner Roll Scooby-Doo Crackers Red & Orange	Dark (Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WC Crackers Pizza Lasagna w/steamed broccoli & carrots (1c) Teriyaki Chicken Chow Mein Bowl w/steamed broccoli & carrots (1c) Vegetarian Lasagna w/steamed broccoli & carrots (1c) Cilantro Chicken Salad Hoagle Sandwich w/broccoli & carrots (1c) Chicken Pasta Primavera Salad Chicken Pasta Primavera Salad Carrots (1c) Santa Fe Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble Green 2023 Cinnamon French Toast Coco Puffs & WG Crackers	100	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cliantro Chicken Pasta Salad Chipote Cheese Pasta Salad Chipote Cheese Pasta Salad w/bbq bean salad (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Goldfish Crackers Beans & Peas	100	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito Multi Grain Cheerios & WG Crackers Beef & Bean Chill (Ed. w/dinner roll & whole kernel corn (1/2c) Hamburger w/whole kernel corn (3/4c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Roasted Pepper Chicken Hoagie Sandwich w/basil corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/basil corn salad (3/4c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Strawberry Chex Mix Starchy 11/30/2023 Pancakes (2) Rice Chex & WG Crackers	260	Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Ham and Cheese Hoage Sandwick w/Carrot sticks (5/4c) Sweet Chill Chicker Pasts Salad War sticks (3/4c) Chinese Chicker Salad with a Whe Dinner Roll Banana Muffin Other Veggies 12/1/2023 Yogur & Graham Crackers Banana Muffin
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES C Week 4 Options Breakfast		Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2c) Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad w/carot sticks (3/4c) Italian Antipasto Salad with a Wheat Dinner Roll Scooby-Doo Crackers Red & Orange 11/27/2023 Coffee Cinnamon Crumble	Dark (11/28/	Chocolate Chex Mix Dark Green 11/21/2023 Maple Waffle Cinnamon Tast Crunch & WG Crackers Pizza Lasagna w/steamed broccol & carrots (1c) Teryaki Chicken Chow Mein Bowl w/steamed broccol & carrots (1c) Vegetarian Lasagna w/steamed broccol & carrots (1c) Ciliantro Chicken Salad Hoagie Sandwich w/broccoli & carrots (1c) Chicken Pasta Primavera Salad Bean & Cheses Torta w/broccol Santa Fe Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble Coffee Cinnamon Crumble Coco Puffs & WG Crackers Coco Puffs & WG Crackers Beef Marinara Basked Zit Bowl		Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cilanto Chicken Pasta Salad Chipotie Cheese Pasta Salad w/bbq bean salad (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Goldfish Crackers Beans & Peas 11/29/2023 Blueberry Muffin		Starchy 11/23/2023 Bean & Cheese Breakfast Burrito. Multi Grain Cheerias & WG Crackers Beef & Bean Chill (1c) w/dinner roll & whole kernel corn (1/2c) Hamburger w/Moole kernel corn (3/4c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Roasted Pepper Chicken Hoagie Sandwich w/basil corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/basil corn salad Sandwich w/basil corn salad (3/4c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Strawberry Chex Mix Starchy 11/30/2023 Pancakes (2) Rice Chex & WG Grackers Chicken, Rice & Bean Burrito w/whole		Other Veggies 11/24/2023 Mexican Concha Bagel 8. Jelly Ham and Cheese Hoagie Sandwic W/carrot sticks (3/4c) Sweet Chil Chicken Pasta Salad Marinara Cheese Pasta Salad w/car sticks (3/4c) Chinese Chicken Salad with a Whe Dinner Boll Banana Muffin Other Veggies 12/1/2023 Yogurt 8. Graham Crackers Banana Muffin Creamy Chicken Chipotle Pasta w/pa
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES C Week 4 Options Breakfast Breakfast Hot Meal		Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2c) Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad w/carot sticks (3/4c) Italian Antipasto Salad with a Wheat Dinner Roll Scooby-Doo Crackers Red & Orange 11/27/2023 Coffee Cinnamon Crumble	Dark (11/28/2	Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & W.C Crackers Pitza Lasagna w/Istamed broccoli & carrots (1c) Teriyaki Chicken Chow Mein Bowl w/staemed broccoli & carrots (1c) Vegetarian Lasagna w/Staemed broccoli & carrots (1c) Cilantro Chicken Salad Hoagie Sandwich w/broccoli & carrots (1c) Cilantro Chicken Salad Hoagie Sandwich w/broccoli & carrots (1c) Santa Fe Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble Coffee Cinnamon French Toast Coco Puffs & W.G Crackers Beel Marinara Baked Zit il Bowl w/steamed broccoli & carrots (1c) Wongpolan Chicken Bowl w/Vorow rice		Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cilanto Chicken Pasta Salad Chipotie Cheese Pasta Salad w/bbq bean salad (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Goldfish Crackers Beans & Peas 11/29/2023 Blueberry Muffin	260	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito. Multi Grain Cheerios & W.G. Crackers. Beef & Bean Chill (1c) u/dinner roll & whole kernel corn (1/2c) Hamburger w/Moole kernel corn (3/4c) Hamburger w/Moole kernel corn (3/4c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Roasted Pepper Chicken Hoagle Sandwich w/basil corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/basil corn salad (3/4c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Strawberry Chex Mix Starchy 11/30/2023 Pancakes (2) Rice Chex & W.G. Crackers Chicken, Rice & Bean Burrito w/whole kernel corn (1/2c) Sloppy Joe on a HB Bun w/whole kernel		Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Ham and Cheese Hoagie Sandwic W/carrot sticks (3/4c) Sweet Chill Chicken Pasta Salad Marinara Cheese Pasta Salad w/car sticks (3/4c) Chinese Chicken Salad with a Whe Dinner Roll Banana Muffin Other Veggies 12/1/2023 Yogur & Graham Crackers Banana Muffin Creamy Chicken Chipotle Pasta W/p & carrots (3/4c) Breaded Chicken Patty on a HB Bu Breaded Chicken Patty on a HB Bu Breaded Chicken Patty on a HB Bu
Week 3 Options Breakfast Breakfast Hot Meal Hot Weetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES C Week 4 Options Breakfast Breakfast Hot Meal Hot Meal		Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2c) Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad w/carot sticks (3/4c) Italian Antipasto Salad with a Wheat Dinner Roll Scooby-Doo Crackers Red & Orange 11/27/2023 Coffee Cinnamon Crumble	Dark (1/128/) 250 250	Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WG Crackers Pizza Lasagna w/steamed broccol & carrots (1c) Teriyaki Chicken Chow Mein Bowl w/steamed broccol & carrots (1c) Glantro Chicken Salad Hoagie Sandwich w/broccoli & carrots (1c) Cillantro Chicken Salad Hoagie Sandwich w/broccoli & carrots (1c) Cillantro Chicken Salad Hoagie Sandwich w/broccoli & carrots (1c) Santa Fe Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble Green 2023 Cinnamon French Toast Coco Puffs & WG Crackers Beel Marinara Baked Ziti Bowl w/steamed broccoli & carrots (1c) Mongolian Chicken Bowl w/brown rice (3/4c) & steamed broccoli & carrots (1c) Mongolian Chicken Bowl w/brown rice		Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cilanto Chicken Pasta Salad Chipotie Cheese Pasta Salad w/bbq bean salad (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Goldfish Crackers Beans & Peas 11/29/2023 Blueberry Muffin	260	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito Multi Grain Cheerios & WG Crackers Beef & Bean Chill (Ed w/dinner roil & whole kernel corn (1/2c) Hamburger w/whole kernel corn (3/4c) Bean Chill (3/4c) w/dinner roil & whole kernel corn (1/2c) Bean Chill (3/4c) w/dinner roil & whole kernel corn (1/2c) Bean Chill (3/4c) w/dinner roil & whole kernel corn (1/2c) Fiesta Chicken Pasta Salad (3/4c) Fiesta Chicken Pasta Salad (3/4c) Chef Turkey & Ham Salad with a Wheat Dinner Roil Strawberry Chex Mix Starchy 11/30/2023 Pancakes (2) Rice Chex & WG Crackers Chicken, Rice & Bean Burrito w/whole kernel corn (1/2c) Sloppy Joe on a HB Bun w/whole kernel corn (3/4c)		Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Ham and Cheese Hoagle Sandwic W/carrott sticks [3/4c] Sweet Chill Chicken Pasta Salad Marinara Cheese Pasta Salad W/car sticks [3/4c] Chinese Chicken Salad with a Whe Dinner Roll Banana Muffin Other Veggies 12/11/2023 Yogut & Graham Crackers Banana Muffin Creamy Chicken Chipotle Pasta w/p & Carrotts [3/4c] Breaded Chicken Patty on a HB Bu w/carrott sticks [3/4c]
Week 3 Options Breakfast Breakfast Hot Meal Hot Weetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES C Week 4 Options Breakfast Breakfast Hot Meal Hot Meal		Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot. stilcks (1/2c). Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad w/carrot sticks (3/4c) Italian Antipasto Salad with a Wheat Dinner Roll Scooby-Doo Crackers Red & Orange 11/27/2023 Coffee Cinnamon Crumble Bagel & Jelly	Dark (11/28/2	Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WG Crackers Pizza Lasagna w/steamed broccol & carrots (1c) Teriyaki Chicken Chow Mein Bowl W/steamed broccol & carrots (1c) Cilantro Chicken Salad Hoagle Sandwich W/broccoll & carrots (1c) Cilanto Chicken Salad Hoagle Sandwich W/broccoll & carrots (1c) Cilanto Chicken Salad Hoagle Sandwich W/broccoll & carrots (1c) Chicken Pasta Primavera Salad Bean & Cheese Torta w/broccoll & carrots (1c) Santa Fe Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble Green 2023 Cinnamon Franch Toast Coco Puffs & WG Crackers Beel Marinara Baked Ziti Bowl W/steamed broccoll & carrots (1c) Mongolian Chicken Bowl w/brown rice (3/4c) & steamed broccoll & carrots (1c) Cheesy Marinara Baked Ziti Bowl W/steamed broccoll & carrots (1c) Cheesy Marinara Baked Ziti Bowl W/steamed broccoll & carrots (1c) Cheesy Marinara Baked Ziti Bowl W/steamed broccoll & carrots (1c)		Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cliantro Chicken Pasta Salad Chipotte Cheese Pasta Salad w/bbq bean salad (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Goldfish Crackers Beans & Peas 11/29/2023 Blueberry Muffin Bagel & Jelly	260	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito Multi Grain Cheerios & WG Crackers Beef & Bean Chill (Ed w/dinner roll & whole kernel corn (1/2c) Hamburger w/whole kernel corn (3/4c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chill (3/4c) w/dinner roll & whole Sandwich w/basil corn salad (3/4c) Flesta Chicken Pasta Salad Bean & Cheese Torta w/basil corn salad (3/4c) Grant W Wasil corn salad (3/4c) Strawberry Chex Mix Starchy 11/30/2023 Pancakes (2) Rice Chex & WG Crackers Chicken, Rice & Bean Burrito w/whole kernel corn (1/2c) Sloppy Joe on a HB Bun w/whole kernel corn (3/4c) Black Bean Burger w/whole kernel corn (3/4c) Black Bean Burger w/whole kernel corn (3/4c) Black Bean Burger w/whole kernel corn (3/4c)		Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Ham and Cheese Hoagle Sandwic W/carrot sticks [3/4c) Sweet Chill Chicken Pasta Salad Marinara Cheese Pasta Salad W/car sticks [3/4c) Chinese Chicken Salad with a Whe Dinner Roll Banana Muffin Other Veggies 12/11/2023 Yogurt & Graham Crackers Banana Muffin Creamy Chicken Chipotle Pasta W/p & Carrotts [3/4c) Breaded Chicken Patty on a HB Bu W/carrot sticks [3/4c)
Week 3 Options Breakfast Breakfast Hot Meal Hot Weetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES C Week 4 Options Breakfast Breakfast Hot Meal Hot Meal		Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2/c) Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad aw(carrot sticks (3/4c) Italian Antipasto Salad with a Wheat Dinner Roll Scooby-Doo Crackers Red & Orange 11/27/2023 Coffee Cinnamon Crumble Bagel & Jelly Ham and Cheese Panini w/carrot sticks	Dark (1/128/) 250 250	Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & W.G. Crackers Pitza Lasagna w/steamed broccoli & carrots (1c) Teriyaki Chicken Chow Mein Bowl Vateamed broccoli & carrots (1c) Vegetarian Lasagna w/steamed broccoli & carrots (1c) Cilantro Chicken Saiad Hoagie Sandwich w/broccoli & carrots (1c) Cilantro Chicken Saiad Hoagie Sandwich w/broccoli & carrots (1c) Santa Fe Chicken Saiad with a Wheat Dinner Roll Coffee Cinnamon Crumble Cocco Puffs & W.G. Crackers Coco Puffs & W.G. Crackers Beel Marinara Baked Zitt Bowl w/steamed broccoli & carrots (1c) Mongolian Chicken Bowl w/brown rice (3/4c) & steamed broccoli & carrots (1c) Cheesy Marinara Baked Zitt Bowl w/steamed broccoli & carrots (1c) Cheesy Marinara Baked Zitt Bowl w/steamed broccoli & carrots (1c) Cheesy Marinara Baked Zitt Bowl w/steamed broccoli & carrots (1c) Creamy Basil Chicken Bowl w/brown rice (3/4c) & steamed broccoli & carrots (1c) Creamy Basil Chicken Hoale gandwich		Cheez-its Beans & Peas 11/22/2023 Strawberry Murffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cliantro Chicken Pasta Salad Chipotle Cheese Pasta Salad w/bbq bean salad (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Goldfish Crackers Beans & Peas 11/29/2023 Blueberry Murffin Bagel & Jelly Oriental Chicken Tortilla Wrap w/bbq	260	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito, Multi Grain Cheerios & W.G Crackers. Beef & Bean Chill (Li) w/dinner roll & whole kernel corn (1/2c) Hamburger w/whole kernel corn (3/4c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Rossted Pepper Chicken Hoagie Sandwich w/basil corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/basil corn salad (3/4c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Strawberry Chex Mix Starchy 11/30/2023 Pancakes (2) Rice Chex & We Grackers Chicken, Rice & Bean Burrito w/whole kernel corn (1/2c) Sloppy Joe on a HB Bun w/whole kernel corn (3/4c) Black Bean Burger w/whole kernel corn (3/4c) Italian Turkey, Ama & Cheese Hoagie		Other Veggies 11/24/2023 Mexican Concha Bagel 8. Jelly Ham and Cheese Hoagie Sandwic W/carrot sticks [3/4c] Sweet Chill Chicken Pasta Salad Marinara Cheese Pasta Salad wifar sticks [3/4c] Chinese Chicken Salad with a Whe Dinner Roll Banana Muffin Other Veggies 12/11/2023 Yogur 8. Graham Crackers Banana Muffin Creamy Chicken Falty on a HB Bu W/carrot sticks [3/4c] Breaded Chicken Patty on a HB Bu W/carrot sticks [3/4c] Creamy Chipothe Cheese Pasta w/p & carrots [3/4c]
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES C Week 4 Options Breakfast Breakfast Hot Meal Hot Weel Hot Weel Hot Weel Hot Meal	260	Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2c) Asian Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad w/carot sticks (3/4c) Italian Antipasto Salad with a Wheat Dinner Roll Scooby-Doo Crackers Red & Orange 11/27/2023 Coffee Cinnamon Crumble Bagel & Jelly Ham and Cheese Panini w/carrot sticks (3/4c)	Dark (1/128/) 250 250	Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WG Crackers Pitza Lasagna w/steamed broccol & carrots (1c) Teriyaki Chicken Chow Mein Bowl w/steamed broccol & carrots (1c) Cilantro Chicken Salad Hoagie Sandwich w/broccoli & carrots (1c) Cilantro Chicken Salad Hoagie Sandwich w/broccoli & carrots (1c) Cilnetor Salad Hoagie Sandwich w/broccoli & carrots (1c) Santa Fe Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble Coffee Cinnamon Crumble Coco Puffs & WG Crackers Beef Marinara Baked Zit Bowl w/steamed broccoli & carrots (1c) (Jáck) & steamed broccoli & carrots (1c) Cheesy Marinara Baked Zit Bowl w/steamed broccoli & carrots (1c) Cheesy Marinara Baked Zit Bowl w/steamed broccoli & carrots (1c) Cheesy Marinara Baked Zit Bowl w/steamed broccoli & carrots (1c) Creamy Basil Chicken Bowl w/brown rice (Jáck) & steamed broccoli & carrots (1c) Creamy Basil Chicken Bogle Sandwich w/broccoli & carrots (1c)	260	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cilanto Chicken Pasta Salad Chipotle Cheese Pasta Salad w/bbq bean salad (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Goldfish Crackers Beans & Peas 11/29/2023 Blueberry Muffin Bagel & Jelly Oriental Chicken Tortilla Wrap w/bbq bean salad (1/2c)	260	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito. Multi Grain Cheerios & WG Crackers. Beef & Bean Chill (1c) w/dinner roll & whole kernel corn (1/2c) Hamburger w/whole kernel corn (3/4c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Roasted Pepper Chicken Hoagle Sandwich w/basil corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/basil corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/basil corn salad (3/4c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Strawberry Chex Mix Starchy 11/30/2023 Pancakes (2) Rice Chex & WG Crackers Chicken, Rice & Bean Burrito w/whole kernel corn (1/2c) Sloppy Joe on a HB Bun w/whole kernel corn (3/4c) Black Bean Burger w/whole kernel corn (3/4c)		Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Ham and Cheese Hoagie Sandwic W/carrot sticks (3/4c) Sweet Chill Chicken Pasta Salad Marinara Cheese Pasta Salad w/car sticks (3/4c) Chinese Chicken Salad with a Whe Dinner Roll Banana Muffin Other Veggies 12/1/2023 Yogur & Graham Crackers Banana Muffin Creamy Chicken Patty on a HB Bu W/carrots ticks (3/4c) Torta de Tinga w/carrot (3/4c) Torta de Tinga w/carrot (3/4c) Torta de Tinga w/carrot sticks (3/4c)
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES C Week 4 Options Breakfast Breakfast Hot Meal Hot Weal Hot Weal	260	Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2c) Asian Chicken Pasta Salad Garle Pesto Cheese Pasta Salad w/carrot sticks (3/4c) Italian Antipasto Salad with a Wheat Dinner Roll Scooby-Doo Crackers Red & Orange 11/27/2023 Coffee Cimamon Crumble Bagel & Jelly Ham and Cheese Panini w/carrot sticks (3/4c) Asian Chicken Pasta Salad	Dark (1/128/) 250 250	Chocolate Chex Mix Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WG Crackers Pizza Lasagna w/steamed broccol & carrots (1c) Terlyaki Chicken Chow Mein Bowl w/steamed broccol & carrots (1c) Vegetarian Lasagna w/steamed broccol & carrots (1c) Ciliantro Chicken Salad Hoagie Sandwich w/broccoli & carrots (1c) Chicken Pasta Primavera Salad Bean & Cheses Torta w/broccoli & carrots (1c) Santa Fe Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble Coffee Cinnamon Crumble Coco Puffs & WG Crackers Beef Marinara Baked Zit Bowl w/steamed broccoli & carrots (1c) Cheesy Marinara Baked Zit Bowl w/steamed broccoli & carrots (1c) Cheesy Marinara Baked Zit Bowl w/steamed broccoli & carrots (1c) Checol Marinara Baked Zit Bowl w/steamed broccol & carrots (1c) Creamy Basil Chicken Hoagie Sandwich w/strowed Discorol & carrots (1c) Creamy Basil Chicken Hoagie Sandwich w/broccoli & carrots (1c) Creamy Basil Chicken Hoagie Sandwich w/broccoli & carrots (1c) Creamy Basil Chicken Hoagie Sandwich Chicken Pasta Primavera Salad	260	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cilanto Chicken Pasta Salad Chipotle Cheese Pasta Salad w/bbq bean salad (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Goldfish Crackers Beans & Peas 11/29/2023 Blueberry Muffin Bagel & Jelly Oriental Chicken Tortilla Wrap w/bbq bean salad (3/4c) Cilantro Chicken Pasta Salad	260	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito. Multi Grain Cheerios & WG Crackers Beef & Bean Chili (1c) w/dinner roll & whole kernel corn (1/2c) Hamburger w/Moole kernel corn (3/4c) Bean Chili (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chili (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chili (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chili (3/4c) w/dinner roll & whole kernel corn (1/2c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/basil corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/basil corn salad (3/4c) Starchy Starchy Starchy Starchy Starchy 11/30/2023 Pancakes (2) Rice Chex & WG Crackers Rice Chex & WG Chex &		Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Ham and Cheese Hoagie Sandwic W/carrot sticks (3/4c) Sweet Chill Chicken Pasta Salad Marinara Cheese Pasta Salad w/car sticks (3/4c) Chinese Chicken Salad with a Whe Dinner Roll Banana Muffin Other Veggies 12/11/2023 Yogurt & Graham Crackers Banana Muffin Creamy Chicken Patty on a HB Bu W/carrot sticks (3/4c) Creamy Chicken Patty on a HB Bu W/carrot sticks (3/4c) Torta de Tinga w/carrot sticks (3/4c) Sweet Chill Chicken Pasta slad
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES C Week 4 Options Breakfast Breakfast Hot Meal Hot Weel Hot Weel Hot Meal	260	Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2c) Adian Chicken Pasta Salad w/carrot sticks (3/4c) Italian Antipasto Salad with a Wheat Dinner Roll Scooby-Doo Crackers Red & Orange 11/27/2023 Coffee Cinnamon Crumble Bagel & Jelly Ham and Cheese Panini w/carrot sticks (3/4c) Asian Chicken Pasta Salad Cajun Cheese Pasta Salad	Dark (1/128/) 250 250	Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WG Crackers Pizza Lasagna w/steamed broccol & carrots (1c) Teriyaki Chicken Chow Mein Bowl w/steamed broccol & carrots (1c) Cilantro Chicken Salad Hoagie Sandwich w/broccoll & carrots (1c) Cilchen Pasta Primavera Salad Bean & Cheese Torta w/broccol & carrots (1c) Santa Fe Chicken Salad Hoagie Sandwich Coffee Cinnamon Crumble Coffee Cinnamon Crumble Coffee Cinnamon Crumble Coffee Cinnamon French Toast Coco Puffs & WG Crackers Beef Marinara Baked Ziti Bowl w/steamed broccol & carrots (1c) Cheesy Marinara Baked Ziti Bowl w/steamed broccol & carrots (1c) Cheesy Marinara Baked Ziti Bowl w/steamed broccol & carrots (1c) Cheesy Marinara Baked Ziti Bowl w/steamed broccol & carrots (1c) Creamy Basil Chicken Bowl w/brown rice Cheesy Marinara Baked Ziti Bowl w/steamed broccol & carrots (1c) Creamy Basil Chicken Hoagie Sandwich w/broccol & carrots (1c) Cricken Pasta Primavera Salad Bean & Cheese Torta w/broccol &	260	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cilantro Chicken Pasta Salad Chipote Cheese Pasta Salad w/bbq bean salad (3/4c) Caear Chicken Salad with a Wheat Dinner Roll Goldfish Crackers Beans & Peas 11/29/2023 Blueberry Muffin Bagel & Jelly Oriental Chicken Tortilla Wrap w/bbq bean salad (1/2c) Cilantro Chicken Pasta Salad Garlic Pesto Cheese Pasta Salad	260	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito Multi Grain Cheerios & WG Crackers Beef & Bean Chill (Ed w/dinner roll & whole kernel corn (1/2c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chill (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Sc Cheese Torta w/basil corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/basil corn salad (3/4c) Chef Turkey & Ham Salad with a Wheat Dinner Roll Strawberry Chex Mix Starchy 11/30/2023 Pancakes (2) Rice Chex & WG Crackers Chicken, Rice & Bean Burrito w/whole kernel corn (1/2c) Sloppy Joe on a HB Bun w/whole kernel corn (3/4c) Black Bean Burger w/whole kernel corn (3/4c) Tallalm Turkey, Ham & Cheese Hoagie Sandwich w/bbg corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/bbg corn salad		Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Mexican Cancha Marinara Cheese Pasta Salad Marinara Cheese Pasta Salad W/carr sticks [3/4c) Chinese Chicken Salad with a Whether Sala
NOTES B Week 3 Options Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas Cold Vegetarian Daily Salad Snack NOTES C Week 4 Options Breakfast Breakfast Breakfast Hot Meal Hot Wegetarian Cold Meal Cold Pastas	260	Red & Orange 11/20/2023 String Cheese & Graham Crackers Banana Muffin Oriental Chicken Tortilla Wrap w/carrot sticks (1/2c) Asian Chicken Pasta Salad Garle Pesto Cheese Pasta Salad w/carrot sticks (3/4c) Italian Antipasto Salad with a Wheat Dinner Roll Scooby-Doo Crackers Red & Orange 11/27/2023 Coffee Cimamon Crumble Bagel & Jelly Ham and Cheese Panini w/carrot sticks (3/4c) Asian Chicken Pasta Salad	Dark (1/128/) 250 250	Chocolate Chex Mix Dark Green 11/21/2023 Maple Waffle Cinnamon Toast Crunch & WG Crackers Pizza Lasagna w/steamed broccol & carrots (1c) Terlyaki Chicken Chow Mein Bowl w/steamed broccol & carrots (1c) Vegetarian Lasagna w/steamed broccol & carrots (1c) Ciliantro Chicken Salad Hoagie Sandwich w/broccoli & carrots (1c) Chicken Pasta Primavera Salad Bean & Cheses Torta w/broccoli & carrots (1c) Santa Fe Chicken Salad with a Wheat Dinner Roll Coffee Cinnamon Crumble Coffee Cinnamon Crumble Coco Puffs & WG Crackers Beef Marinara Baked Zit Bowl w/steamed broccoli & carrots (1c) Cheesy Marinara Baked Zit Bowl w/steamed broccoli & carrots (1c) Cheesy Marinara Baked Zit Bowl w/steamed broccoli & carrots (1c) Checol Marinara Baked Zit Bowl w/steamed broccol & carrots (1c) Creamy Basil Chicken Hoagie Sandwich w/strowed Discorol & carrots (1c) Creamy Basil Chicken Hoagie Sandwich w/broccoli & carrots (1c) Creamy Basil Chicken Hoagie Sandwich w/broccoli & carrots (1c) Creamy Basil Chicken Hoagie Sandwich Chicken Pasta Primavera Salad	260	Cheez-its Beans & Peas 11/22/2023 Strawberry Muffin Bagel & Jelly Turkey & Cheese Panini w/bbq bean salad (3/4c) Cilanto Chicken Pasta Salad Chipotle Cheese Pasta Salad w/bbq bean salad (3/4c) Caesar Chicken Salad with a Wheat Dinner Roll Goldfish Crackers Beans & Peas 11/29/2023 Blueberry Muffin Bagel & Jelly Oriental Chicken Tortilla Wrap w/bbq bean salad (3/4c) Cilantro Chicken Pasta Salad	260	Starchy 11/23/2023 Bean & Cheese Breakfast Burrito. Multi Grain Cheerios & WG Crackers Beef & Bean Chili (1c) w/dinner roll & whole kernel corn (1/2c) Hamburger w/Moole kernel corn (3/4c) Bean Chili (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chili (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chili (3/4c) w/dinner roll & whole kernel corn (1/2c) Bean Chili (3/4c) w/dinner roll & whole kernel corn (1/2c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/basil corn salad (3/4c) Fiesta Chicken Pasta Salad Bean & Cheese Torta w/basil corn salad (3/4c) Starchy Starchy Starchy Starchy Starchy 11/30/2023 Pancakes (2) Rice Chex & WG Crackers Rice Chex & WG Chex &		Other Veggies 11/24/2023 Mexican Concha Bagel & Jelly Ham and Cheese Hoagie Sandwich W/carrot sticks (3/4c) Sweet Chill Chicken Pasta Salad Marinara Cheese Pasta Salad w/car sticks (3/4c) Chinese Chicken Salad with a When Dinner Roll Banana Muffin Other Veggies 12/11/2023 Yogurt & Graham Crackers Banana Muffin Creamy Chicken Pasta vipa & carrots (3/4c) Breaded Chicken Patty on a HB Bu W/carrot sticks (3/4c) Creamy Chipotle Cheese Pasta w/pe & carrots (3/4c) Torta de Tinga w/carrot sticks (3/4c) Sweet Chill Chicken Pasta Salad

ders not submitted before the 5 business day deadline will receive meals selected by their client representative. Meal changes and canceletations must be given within 5 business days. Order counts may be changed within a 2 business day notice. At least 80% of weekly ins/breads are whole grain rich. Fruits are subject to change depending on availability of product. All breakfast, funches and suppers are served with milk and fruit. Snack is served with milk. Menu subject to change. Menu items may change due to national supply chain uses including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.