

# 2026 | January Breakfast

## Teach Preparatory Elementary | Grades K-8

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1	2	3
4	5 Cinnamon Toast Crunch & Oatmeal Cookie	6 Bagel with Cream Cheese	7 Mexican Concha	8 Coffee Cinnamon Crumble	9 Turkey Breakfast Sandwich	10
11	12	13 Pancakes	14 Coco Puffs & Oatmeal Cookie	15 Bean & Cheese Breakfast Burrito	16 Coffee Cinnamon Crumble	17
18	19	20 Waffles	21 Yogurt & Oatmeal Cookie	22 Blueberry Muffin	23 Turkey Breakfast Sandwich	24
25	26 Chocolate Chip Muffin	27 Pancakes	28 Mexican Concha	29 Coffee Cinnamon Crumble	30 Turkey Breakfast Sandwich	31



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2026 | January Lunch

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1	2	3
4	5 Ham Macaroni Pasta Salad	6 Ham and Cheese Panini w/garden corn salad	7 Chicken Pasta Primavera Salad	8 Chicken Salad Tortilla Wrap w/ cilantro bean salad	9 Turkey & Cheese Hoagie Sandwich w/carrot sticks	10
11	12	13 Chipotle Chicken Quesadilla w/ spanish rice & whole kernel corn	14 Chef Turkey & Ham Salad with a Wheat Dinner Roll	15 Hamburger w/bbq baked beans	16 Creamy Chicken Chipotle w/cilantro rice & glazed peas & carrots	17
18	19	20 Hamburger w/ mashed potatoes	21 Chef Turkey & Ham Salad with a Wheat Dinner Roll	22 Beef, Cheese & Bean Dip Nachos	23 BBQ Chicken on a Bun w/glazed peas & carrots	24
25	26 Sloppy Joe on a Bun w/glazed peas & carrots	27 Creamy Chicken Chipotle Pasta w/ sweet corn medley	28 Chef Turkey & Ham Salad with a Wheat Dinner Roll	29 Chicken & Cheese Chilaquiles w/ refried beans	30 Southwestern Chicken Bowl w/ cilantro rice & glazed peas & carrots	31

