March 2024

Teach Charter High School

GRADE: 9-12

SBP/NSLP Menu

Serve w/ Milk & Fruit

B= L= S=

Last updated:5/25/23 at 12:45 pm

Menus are not final. Menu items may change due to national supply chain issues including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.

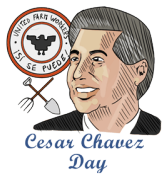
	MONDAY RED/ORANGE	TUESDAY STARCHY	WEDNESDAY LEGUMES	THURSDAY DARK GREEN	FRIDAY OTHER
	26	**27**	**28**	**29**	**1**
	4	**5**	**6**	**7**	**8**
BREAKFAST	200 Coffee Cinnamon Crumble	200 Sausage English Muffin	200 Sunbutter & Jelly Sandwich	200 Maple Waffle	200 Mexican Concha
HOT LUNCH					200 Honey BBQ Wings w/dinner roll & carrot sticks (1c)
HOT VEGETARIAN					
COLD LUNCH	200 Roasted Pepper Chicken Hoagie Sandwich w/carrot sticks (1c)		200 Creamy Basil Chicken Hoagie Sandwich w/bbq bean salad (1c)	200 Oriental Chicken Tortilla Wrap w/broccoli & carrots (1/2c)	
COLD VEGETARIAN					
SALAD		200 Santa Fe Chicken Salad with a Wheat Dinner Roll			
SNACK	Oatmeal Cookie (S)	50 Banana Muffin (S)	50 Goldfish Pretzel	50 Chocolate Chex Mix	50 Scooby-Doo Crackers
	11	**12**	**13**	**14**	**15**
BREAKFAST	200 Yogurt & Graham Crackers	200 Lucky Charms & WG Crackers	200 Blueberry Muffin	200 Cinnamon Toast Crunch & WG Crackers	200 Banana Muffin
HOT LUNCH					
HOT VEGETARIAN		200 Creamy Chipotle Cheese Pasta w/peas & carrots (1c)			
COLD LUNCH				200 Chicken Pasta Primavera Salad	
COLD VEGETARIAN			200 Cajun Cheese Pasta Salad w/bbq bean salad (1c)		
SALAD	200 Caesar Chicken Salad with a Wheat Dinner Roll				200 Chinese Chicken Salad with a Wheat Dinner Roll
SNACK	50 Strawberry Muffin (S)	50 Oatmeal Cookie (S)	50 Scooby-Doo Crackers	50 Cereal Bar (S)	50 Goldfish Crackers
	18	**19**	**20**	**21**	**22**
BREAKFAST	200 Coffee Cinnamon Crumble	200 Bean & Cheese Breakfast Burrito	200 Vanilla Muffin	200 Multi Grain Cheerios & WG Crackers	200 Mexican Concha
HOT LUNCH		200 Chicken & Waffles w/mashed potatoes (1c)		200 Southwestern Chicken w/brown rice (1c) & steamed broccoli & carrots (1c)	200 Curry Chicken Bowl w/brown rice (1c) & peas & carrots (1c)
HOT VEGETARIAN					
COLD LUNCH	200 Asian Chicken Pasta Salad		200 Ham and Cheese Panini w/bbq bean salad (1c)		
COLD VEGETARIAN					
SALAD					
SNACK	50 Scooby-Doo Crackers	50 Banana Muffin (S)	50 Oatmeal Cookie (S)	50 Strawberry Chex Mix	50 Goldfish Pretzel
	25	**26**	**27**	**28**	**29**
	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK

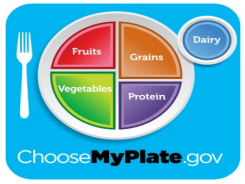
This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)

School Notes:

- **Spring Break: 3/25-4/1**





FreshStart HEALTHY MEALS

eat right, be bright!