

# Teach Academy of Technology Middle 10045 | Grades K-8

2026 | March Breakfast

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Double Chocolate Chip Muffin	3 Bagel & Jelly	4 Mexican Concha	5 Coffee Cinnamon Crumble	6 Bagel & Jelly	7
8	9 Vanilla Muffin	10 Bagel & Jelly	11 Yogurt with Oatmeal Cookie	12 Bagel & Jelly	13 Blueberry Muffin	14
15	16 Banana Muffin	17 Bagel & Jelly	18 Mexican Concha	19 Coffee Cinnamon Crumble	20 Bagel & Jelly	21
22	23 Strawberry Muffin	24 Bagel & Jelly	25 Yogurt with Oatmeal Cookie	26 Bagel & Jelly	27	28
29	30	31	1	2	3	4



# Teach Academy of Technology Middle 10045 | Grades K-8

2026 | March Lunch

SUN	MON	TUE	WED	THU	FRI	SAT
1	<p>2</p> <p>Turkey Hot Dog on a Bun w/glazed peas &amp; carrots</p> <hr/> <p>Black Bean Burger w/glazed peas &amp; carrots</p> <hr/>	<p>3</p> <p>Bean Chili w/ dinner roll &amp; whole kernel corn</p> <hr/> <p>Caprese Sandwich w/ garden corn salad</p> <hr/>	<p>4</p> <p>Beef Marinara Baked Ziti Bowl w/ steamed broccoli &amp; carrots</p> <hr/> <p>Cheesy Marinara Baked Ziti Bowl w/ steamed broccoli &amp; carrots</p> <hr/>	<p>5</p> <p>Beef, Cheese &amp; Bean Dip Nachos</p> <hr/> <p>Green Cheese Enchiladas w/ fiesta beans &amp; corn</p> <hr/> <p>Santa Fe Chicken</p> <hr/>	<p>6</p> <p>Orange Chicken Bowl w/brown rice &amp; mixed vegetables</p> <hr/> <p>Bean &amp; Cheese Burrito w/mixed vegetables</p> <hr/>	7
8	<p>9</p> <p>Breaded Chicken Patty on a HB Bun w/glazed peas &amp; carrots</p> <hr/> <p>Black Bean Burger w/glazed peas &amp; carrots</p> <hr/>	<p>10</p> <p>Hamburger w/tater tots</p> <hr/> <p>Cheesy Alfredo Baked Ziti Bowl w/ sweet corn medley</p> <hr/> <p>Mediterranean</p> <hr/>	<p>11</p> <p>Teriyaki Chicken Chow Mein w/ steamed broccoli &amp; carrots</p> <hr/> <p>Bean &amp; Cheese Burrito w/steamed broccoli &amp; carrots</p> <hr/>	<p>12</p> <p>Al Pastor Chicken Bowl w/cilantro rice &amp; refried beans</p> <hr/> <p>Cheese Quesadilla w/ cilantro rice &amp; refried beans</p> <hr/>	<p>13</p> <p>Beef, Bean &amp; Cheese Burrito w/ mixed vegetables</p> <hr/> <p>Spaghetti &amp; Cheese Marinara w/mixed vegetables</p> <hr/>	14
15	<p>16</p> <p>Turkey Hot Dog on a Bun w/glazed peas &amp; carrots</p> <hr/> <p>Bean &amp; Cheese Burrito w/glazed peas &amp; carrots</p> <hr/>	<p>17</p> <p>Chicken Nuggets w/dinner roll &amp; sweet corn medley</p> <hr/> <p>Ham and Cheese Panini w/garden corn salad</p> <hr/>	<p>18</p> <p>Mongolian Chicken Bowl w/ brown rice &amp; steamed broccoli &amp; carrots</p> <hr/> <p>Creamy Tuscan Cheese Pasta w/ steamed broccoli &amp; carrots</p> <hr/>	<p>19</p> <p>Beef, Cheese &amp; Bean Dip Nachos</p> <hr/> <p>Green Cheese Enchiladas w/ fiesta beans &amp; corn</p> <hr/> <p>Bean &amp; Cheese</p> <hr/>	<p>20</p> <p>Chicken Teriyaki Bowl w/brown rice &amp; mixed vegetables</p> <hr/> <p>Turkey &amp; Cheese Hoagie Sandwich w/carrot sticks</p> <hr/>	21
22	<p>23</p> <p>FIELD TRIP LUNCH</p> <hr/> <p>Black Bean Burger w/glazed peas &amp; carrots</p> <hr/> <p>Ham and Cheese</p> <hr/>	<p>24</p> <p>Mango Chile Chicken w/cilantro rice &amp; sweet corn medley</p> <hr/> <p>Cheese Quesadilla w/ cilantro rice &amp; sweet corn medley</p> <hr/>	<p>25</p> <p>Lemon Garlic Chicken w/cilantro rice &amp; steamed broccoli &amp; carrots</p> <hr/> <p>Poblano Green Cheese Pasta w/ steamed broccoli &amp; carrots</p> <hr/>	<p>26</p> <p>Cheeseburger Mac &amp; Cheese w/ bbq baked beans</p> <hr/> <p>Three Cheese Mac &amp; Cheese w/ bbq baked beans</p> <hr/>	27	28
29	30	31	1	2	3	4

