

SEPTEMBER BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Yogurt w/ String Cheese Cheerios Cereal w/ Honey Grahams	Honey Bunches of Oats Cereal w/ Honey Grahams Mini Maple Pancakes	Yogurt w/ Honey Grahams Beef Sausage & Cheese Croissant Sandwich	Cinnamon Chex Cereal w/ Honey Grahams Mini Strawberry Pancakes
7	8	9	10	11
	Conchita w/ String Cheese	Cheerios Cereal w/ Honey Grahams Egg, Cheese & Green Salsa Breakfast Burrito	Cinnamon Chex Cereal w/ Honey Grahams	Yogurt w/ Honey Grahams Cocoa Orbits Bites (Chocolate Puffed Cereal)
14	15	16	17	18
Vanilla Concha French Toast Sticks	Cinnamon Chex Cereal w/ Honey Grahams Beef Sausage & Cheese English Muffin Sandwich	Bagel w/ Cream Cheese	Honey Bunches of Oats Cereal w/ Honey Grahams Waffle	Strawberry Yogurt Parfait w/ Cinnamon Granola Egg, Cheese & Green Salsa Breakfast Burrito
21	22	23	24	25
Cinnamon Roll Cocoa Orbits Bites (Chocolate Puffed Cereal)	Cheerios Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle	Fruit & Yogurt Smoothie w/ Granola Mini Maple Pancakes	Yogurt w/ Honey Grahams Beef Sausage & Cheese Croissant Sandwich	Chocolate Chip Muffin Top Cinnamon Chex Cereal w/ Honey Grahams
28	29	30		
Cinnamon Crumble Honey Bunches of Oats Cereal w/ Honey Grahams	Conchita w/ String Cheese Maple Beef Sausage & Pancake Sandwich	Cheerios Cereal w/ Honey Grahams Egg, Cheese & Green Salsa Breakfast Burrito		
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% LowFatWhite or FatFree White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Plum (1/2 C), Banana (1/2 C), Apple Slices (1/2 C), 100% Fruit Juice 4 oz, Pear (1/2 C), Apple (1/2 C), Nectarine (1/2 C)		Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

