

SEPTEMBER LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Bean & Cheese Burrito w/ Baby Carrots Chicken Salad Sandwich w/ Baby Carrots	Cheese Pizza Kit	BBQ Chicken w/ Baked Beans & Dinner Roll Veggie Chef Salad w/ Egg, Dinner Roll & Ranch	Pepperoni Pizza Turkey & Cheese Sub Sandwich
7	8	9	10	11
	Mac & Cheese w/ Diced Carrots & Dinner Roll Italian Turkey Trio on Hoagie w/ Baby Carrots	Grilled Cheese Sandwich w/ Baby Carrots Asian Chicken Salad w/ WG Crispy Noodles & Honey Grahams	Cheese Tamale w/ Black Beans Turkey & Cheese Sandwich w/ Roasted Fava Beans	Pepperoni Pizza
14	15	16	17	18
Crispy Chicken Sandwich w/ Oven Baked Fries Turkey & Cheese Sub Sandwich w/ Tajin Corn	Parm Pizza Bites w/ Marinara Dipping Sauce Beef & Cheese Taco Stick w/ Baby Carrots	P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Chicken Tamale w/ Pinto Beans Chicken Salad & Cheese Cracker Kit w/ Roasted Fava Beans	Pepperoni Pizza
21	22	23	24	25
Chicken Bites w/ Oven Bakes Fries & Pretzels	Penne & Meat Sauce Chicken Salad Sandwich w/ Baby Carrots	Cheese Pizza Kit	Turkey Nachos w/ Refried Beans & Tortilla Chips Veggie Chef Salad w/ Egg, Dinner Roll & Ranch	Cheese Pizza
28	29	30		
Cheeseburger w/ Oven Baked Fries	Mac & Cheese w/ Diced Carrots & Dinner Roll Yogurt w/ String Cheese, Granola & Baby Carrots	Chicken Bites w/ Corn & Pretzel Crackers Asian Chicken Salad w/ WG Crispy Noodles & Honey Grahams		
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday: Baby Carrots (1/2 C) Tuesday: Celery Sticks (1/2 C) Friday: Side Salad - Lettuce, Carrot, Tomato w/ Ranch & Roll (1 C) Wednesday: Cucumber Slices (1/2 C) w/ Tajin Thursday: Jicama Slices (1/2 C)	Apple (1/2 C), Banana (1/2 C), Nectarine (1/2 C), Peach (1/2 C), Pear (1/2 C), 100% Fruit Juice 4 oz, Apple Slices (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

